Mission
Engaging youth as valued, contributing members of their communities in partnership with caring adults. (See page 11 for the national 4-H mission mandates.)

Vision
A world in which youth and adults learn, grow and work together for positive change.

4-H is not your ordinary "club."
More than 95,000 members strong, Missouri 4-H is an active, dynamic organization of young people who are learning, growing and preparing to be the leaders of today and tomorrow — making a REAL difference in their community, country and world. 4-H gives you opportunities to gain leadership, citizenship and life skills through fun and innovative hands-on activities. 4-H is committed to serving youths of all abilities.

It’s an EXPERIENCE!
Build friendships at camps, conferences and events as well as club and project meetings. Showcase your work and creations at fairs and competitions. Dive into exciting activities that interest you, such as:

- Filmmaking
- Robotics
- Aerospace and rockets
- Photography
- Shooting sports
- Fashion and clothing
- Camping
- Technology and computers
- Conservation and recycling
- Horsemanship
- Livestock management
- Pet care
- Arts and crafts
- Nutrition and fitness
- Public speaking
- Citizenship and leadership
- Entrepreneurship
- Community service projects

And so much MORE!

Find out more about Missouri 4-H

How old do I have to be to join 4-H?
4-H welcomes all young people ages 5 to 18. For kids ages 5 to 7, there is a special 4-H program called Clover Kids.

Who sponsors 4-H?
Missouri 4-H uses research-based programming and draws on the expertise of the University of Missouri and Lincoln University. Programs are in cooperation with the U.S. Department of Agriculture and your local county government. Additional resources for MU Extension 4-H Youth Development are secured and managed by the Missouri 4-H Foundation.

Can my parents or guardians be involved in 4-H?
Parents and guardians can volunteer as much as they would like. Whether it’s making food for a meeting, driving members to activities or becoming a project leader, there is always room for parents and guardians to become involved. For more information on steps to become a recognized 4-H volunteer, see page 60.

Does it cost to join 4-H?
There is a small fee to join 4-H — check with your local University of Missouri Extension center for details. In addition, some projects might require a small investment to get started, and there might be charges for materials or special trips.

Make a REAL difference!
It’s easy. Call your local University of Missouri Extension center listed on page 83. A 4-H staff member will guide you to the 4-H opportunities in your area. Visit the Missouri 4-H website: http://4h.missouri.edu

facebook.com/missouri4h
@missouri4h
I pledge my...

**HEAD** to clearer thinking
Discover the world around you and find new ways to see it and yourself. Build your knowledge, skills and attitude. Learn how to think and act as a team member while working with others to accomplish your goals.

**HEART** to greater loyalty
You will have the chance to talk with other 4-H members and leaders about what is important to you. You will share ideas, thoughts and emotions and form lasting friendships and memories.

**HANDS** to larger service
As a 4-H member, one of the benefits is gaining hands-on experience. In 4-H you'll learn new skills and have the opportunity to explore careers that interest you. You'll have fun improving your community while preparing for the future. Better yet, you'll make lifetime friends while sharing your talents and ideas with others.

**HEALTH** to better living
Being healthy means feeling good inside and out, which is important to 4-H’ers. You will begin to develop a healthy lifestyle by learning which foods are good for you and exercises that can give your physical and emotional well-being a real lift.

...for my club, my community, my country and my world.

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**About the 4-H Clover**
4-H Clover is a catalog of Missouri 4-H projects, programs and publications. It is designed to help volunteers, members and their families select projects and activities. It will also help in setting goals. In most cases, project levels need not be taken in sequence. However, you might want to consult with the project leader before skipping a level.

**4-H Clover** is published by University of Missouri Extension, an ADA/equal opportunity institution.

**How to contact the 4-H Center for Youth Development**
4-H Center for Youth Development, University of Missouri, 1110 S. College Ave., Columbia, MO 65211
573-882-2719 or 573-882-9359
Fax 573-884-4225 or online at [http://4h.missouri.edu](http://4h.missouri.edu)
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Dear family and friends,

Welcome to Missouri 4-H 2015! 4-H, the nation's largest and premier youth program, is the only development program with direct access to technological advances in agriculture, life sciences, engineering, learning technologies and social sciences from our university system. This brings science to the kids. We could not create the 4-H experience without our adult and teen volunteer partners. Volunteers make the experiences come alive locally. Parents are important, too. Kids need help as they grow and thrive in 4-H. Parents and caring adults are essential to help kids be successful. Together, dedicated faculty, committed volunteers and spirited 4-H’ers will continue to learn and grow to help our youth and communities thrive. Come join the fun in the most effective youth organization!

Sincerely,

[Signature]

Ina Metzger Linville
Program Director
4-H Center for Youth Development