Special 4-H opportunities

4-H reaches out to Latino youths and families

This program brings 4-H youth development programming to Latino/Hispanic young people and their families.

Objectives
- Develop and implement programs and seek opportunities for Latino/Hispanic populations in Missouri.
- Provide academic leadership and expertise for Latino/Hispanic populations in Missouri.
- Provide leadership for faculty, staff, volunteers, young people and stakeholders in reaching Latino/Hispanic young people and families.

Goals
- Collaborate with regional staff who are currently working with Latino/Hispanic populations or are interested in starting programs with their populations.
- Identify stakeholders around the state who would be willing to contribute to this program.
- Create partnerships with other organizations that are working with Latino/Hispanic groups.
- Develop programs to meet the needs of Latino/Hispanic children, youth and families and will promote MU Extension and the 4-H program. Develop research-based methods and outcomes for these programs.

For more information and resources:
http://4h.missouri.edu/programs/latino
http://cyfernet.org

Information available in Spanish. (Información disponible en Español.)

4-H Camp is an adventure

Join thousands of other 4-H’ers in the great adventure this summer — 4-H camp!

Leave home and routine behind for a couple of days and participate in one of the great experiences of your 4-H career. Turn off the Xbox, get off your duff and experience camp. Stretch your horizons, meet new friends, breathe fresh air, sing silly songs, share in camp responsibilities, crawl into a sleeping bag, laugh with friends, learn something new, try something out of the ordinary, be independent, create your own skit and play outdoors. 4-H Camp — be part of it this summer.

Parents: Not only is camp a fun adventure for your child but in recent studies conducted across Missouri, young people and parents alike indicated that 4-H campers did indeed develop valuable life skills. Specific life skills measured were teamwork, social skills, learning to learn and self-responsibility.

Parents surveyed used a scale of 1 to 4 (1= Strongly Disagree, 2=Disagree; 3=Agree, 4=Strongly Agree). These survey results show the value of 4-H Camp:

After attending camp:
- My child is more willing to try new things: 3.18
- My child is better at meeting new people: 3.09
- My child takes more responsibility for self: 3.03
- To me, the benefits of camp outweigh the costs: 3.53

Each county or camp group determines what to offer according to their individual needs and abilities. Contact your local MU Extension center to find out about camp opportunities. Watch the monthly 4-H newsletter for important camp information. Applications are often due in April. Camp information and some of Missouri 4-H camps are listed at http://4h.missouri.edu/programs/camp.
Volunteering in 4-H

Volunteers are essential to the 4-H program. Adults and teens may apply for a variety of volunteer positions — leading 4-H advisory groups, being a 4-H council member, chairing a committee, leading 4-H project groups, organizing 4-H clubs, teaching 4-H school enrichment programs, helping at a camp or fair, or in many other ways.

For the protection of 4-H members and volunteers, all applicants must go through several annual steps to be considered and selected as a recognized 4-H volunteer.

See more volunteer information at [http://4h.missouri.edu/](http://4h.missouri.edu/)

### 4-H volunteers

<table>
<thead>
<tr>
<th>Event</th>
<th>Description</th>
<th>Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Orientation</td>
<td>Missouri 4-H basics</td>
<td>Contact your local MU Extension center for more information.</td>
</tr>
<tr>
<td>Training (role specific)</td>
<td>Project leader training and club leader training are offered.</td>
<td>Contact your local MU Extension center for more information.</td>
</tr>
<tr>
<td>Volunteer e-Forums</td>
<td>Get energized as you network with volunteers, county and state staff from the 12 states in the North Central Extension Region. Leave with new ideas you can use to infuse heart into your 4-H programs. Each session below is offered twice:</td>
<td>Sponsored by North Central Extension Region volunteer specialists. Contact your local MU Extension center for more information.</td>
</tr>
<tr>
<td>The Heart of Belonging</td>
<td>Date choices: Oct. 8, 2015, at 6 p.m. CST Oct. 13, 2015, at 7 p.m. CST</td>
<td>Learn how to develop a list of club or group expectations that accommodates all members, to support youths with special needs and discover resources to help you in your role as a caring adult. Leave with activities that will help you foster positive behavior, belonging and inclusion in your club.</td>
</tr>
<tr>
<td>The Heart of Community</td>
<td>Date choices: Nov. 5, 2015, at 6 p.m. CST Nov. 10, 2015, at 7 pm. CST</td>
<td>Volunteers in this session will be prepared to help youths find their voices as they become actively engaged in their communities. The session will include resources and models to incorporate mastery, belonging, generosity and independece as you include citizenship activities in 4-H settings.</td>
</tr>
<tr>
<td>Encouraging the Heart of Leadership</td>
<td>Date choices: Dec. 3, 2015, at 6 p.m. CST Dec. 8, 2015, at 7 p.m. CST</td>
<td>Young people do not magically become leaders at age 13. Leadership is nurtured from their first 4-H experience. You’ll get tools to help inspire youths of all ages to discover and develop independence and leadership skills.</td>
</tr>
</tbody>
</table>
Missouri 4-H Foundation volunteer recognition

**Frank Graham 4-H Volunteer Leadership Award**

The Frank Graham 4-H Volunteer Leadership Award recognizes exemplary volunteers who work hard to guide our young people. The statewide recognition is awarded annually and is named in honor of Frank Graham, one of the founding members of the Missouri 4-H Foundation who served as director of extension 4-H and youth programs from 1958 to 1975. During his 33 years in extension, he was an avid supporter of volunteer leadership, believing that volunteers are the foundation of the 4-H program.

**Naomi Crouch 4-H Volunteer Leadership Award**

The Missouri 4-H Foundation is pleased to sponsor the Naomi Crouch Volunteer Leadership Awards, which recognize volunteers and businesses or organizations that have made significant contributions to Missouri 4-H youth. The statewide recognition is awarded annually to two leaders and one business or organization. The award is named in honor of Naomi Crouch, a Clay County 4-H parent, volunteer and former Missouri 4-H Foundation trustee.
Since 1949, the Missouri 4-H Foundation has partnered with the Missouri 4-H Center for Youth Development to expand and enhance existing 4-H programs and to create new opportunities for Missouri 4-H members. State and National 4-H Congress, volunteer leader training, community service grants, leadership development, public speaking activities, 4-H member incentives and college scholarships are but a few of the ways the Foundation supports program efforts and ensures a sound financial future for tomorrow’s 4-H members.

Join a growing number of 4-H alumni, families, friends and corporate partners who show their support for the future of 4-H by contributing to the Missouri 4-H Foundation. You can support the Missouri 4-H program through

- a gift to "The Next Sixty Years" endowment initiative,
- a gift to the Missouri 4-H Foundation Annual Fund to meet the greatest needs of the Missouri 4-H program,
- a gift to support your most cherished program,
- an annual or endowed scholarship in your family name or in the name of someone you wish to honor, and/or
- a gift through your will or trust.

A tribute or memorial is a wonderful way to honor someone you care about.

A gift to the Kids Helping Kids program will provide financial relief to Missouri 4-H members and their families who have suffered through family medical emergencies, natural disasters or fire.

**Triple your support for 4-H by participating in the Clover Club**

Alumni, friends and Missouri 4-H families can demonstrate their commitment to Missouri 4-H by participating in the Clover Club. For example, if you plan to make a pledge of $100 this year, you can now triple that commitment by pledging $100 to Missouri 4-H over each of the next three years. The Missouri 4-H Foundation will mail you a pledge reminder each year, or at your request, until your pledge is fulfilled.

To participate, complete the online donation form found on the Missouri 4-H website at [http://4h.missouri.edu/foundation/](http://4h.missouri.edu/foundation/) and mail to:

Missouri 4-H Foundation
1110 S. College Ave., Room 152
Columbia, MO 65211-3410

Email us at 4hfoundation@missouri.edu or call 1-800-642-8041.

Visit the Missouri 4-H Foundation on Facebook.
Missouri 4-H Foundation scholarships

Applicants must be current or former 4-H members planning to enroll in the fall of the current year. Please review the chart below and on the next page for details regarding each scholarship. Applications are available at each University of Missouri Extension center. Applications are also available on the Web at http://www.4h.missouri.edu after Jan. 1. Applications are due in the state 4-H office on April 1.

<table>
<thead>
<tr>
<th>Name</th>
<th>Number</th>
<th>Amount</th>
<th>Year</th>
<th>Criteria</th>
<th>County preference order</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dennis E. Gallup 4-H Memorial Scholarship</td>
<td>TBD</td>
<td>$2,500</td>
<td>Freshman</td>
<td>Must be applied toward a course of study at an accredited MISSOURI college, university, technical or trade school (two- or four-year institution). Scholarship selection will be based on 50 percent 4-H achievement in leadership, citizenship, community service and projects; 40 percent financial need; and 10 percent work/career goals.</td>
<td>Statewide</td>
</tr>
<tr>
<td>Cecil and Bina Davis 4-H Scholarship</td>
<td>1</td>
<td>$1,000</td>
<td>Freshman</td>
<td>Students must attend a PUBLIC Missouri school. Must be applied toward a course of study at an accredited college or university.</td>
<td>1. Henry or Harrison counties 2. Contiguous counties</td>
</tr>
<tr>
<td>Miller-Thorne 4-H Free Enterprise Scholarship</td>
<td>1</td>
<td>$1,000</td>
<td>Freshman</td>
<td>Students must submit an essay focusing on the free enterprise system along with application. Must be applied toward a course of study at an accredited college or university.</td>
<td>Statewide</td>
</tr>
<tr>
<td>Fred Gehring 4-H Scholarship</td>
<td>2</td>
<td>$500</td>
<td>Sophomore</td>
<td>Must be applied toward a course of study at an accredited college or university.</td>
<td>1. Cole County 2. Osage County 3. Adjoining counties 4. Statewide</td>
</tr>
<tr>
<td>Orscheln 4-H Scholarships</td>
<td>14</td>
<td>$1,000</td>
<td>Freshman</td>
<td>Attend University of Missouri College of Agriculture, Food and Natural Resources, or an institution offering four-year courses in agriculture or agri-related services. Applicant must be a 4-H member during prior four years graduating from high school. Preference is given to applicants living in areas served by Orscheln Farm &amp; Home stores.</td>
<td>Statewide</td>
</tr>
<tr>
<td>Edna and James Burch Memorial Scholarship</td>
<td>5</td>
<td>$1,000</td>
<td>Sophomore</td>
<td>Attend University of Missouri and major in agriculture, food and natural resources or human environmental sciences.</td>
<td>Statewide</td>
</tr>
<tr>
<td>Williamson 4-H Scholarship</td>
<td>1</td>
<td>$800</td>
<td>Sophomore</td>
<td>Attend University of Missouri and major in agriculture, food and natural resources or human environmental sciences.</td>
<td>Statewide</td>
</tr>
<tr>
<td>Donald W. Bailey Memorial Scholarship</td>
<td>1</td>
<td>$500</td>
<td>Freshman</td>
<td>Must be applied toward a course of study at University of Missouri. If no suitable applicant is found, consideration will then be given to applicants enrolling in a four-year college or university.</td>
<td>1. Adair County 2. MU Extension’s Northeast Region 3. Statewide</td>
</tr>
<tr>
<td>Aleta Crawford 4-H Scholarship</td>
<td>1</td>
<td>$1,000</td>
<td>Freshman</td>
<td>Must be applied toward a course of study at an accredited four-year college, university, or technical or trade school.</td>
<td>MU Extension’s Southeast Region</td>
</tr>
<tr>
<td>Fowler &amp; Viola Smith Young Memorial 4-H Scholarship</td>
<td>1</td>
<td>$500</td>
<td>Freshman</td>
<td>Must be applied toward a course of study at an accredited Missouri college, university, or technical or trade school (two- or four-year institution). Applicant must be a 4-H member during four years prior to graduating from high school and planning to enroll in school in the fall of the current year.</td>
<td>Applicant must be a resident of Moniteau County. Scholarship will not be awarded if there are no qualified applicants.</td>
</tr>
<tr>
<td>Janelle Downing Memorial 4-H Scholarship</td>
<td>1</td>
<td>$1,000</td>
<td>Freshman</td>
<td>Applicants must major in Veterinary Medicine/Pre-Veterinary Medicine or Animal Science. Preference is given to applicants planning to enroll as a freshman at the University of Missouri College of Agriculture, Food and Natural Resources. If no suitable applicant is found, consideration will be given to applicants enrolling at an accredited public, four-year college or university.</td>
<td>Statewide</td>
</tr>
<tr>
<td>Don and Mel Henderson 4-H Scholarship</td>
<td>1</td>
<td>$500</td>
<td>Sophomore</td>
<td>Must be applied toward a course of study at an accredited college, university, or technical or trade school (two- or four-year institution). Applicant must be a 4-H member who demonstrates entrepreneurial abilities and wishes to continue entrepreneurial pursuits in his or her chosen career path.</td>
<td>Statewide</td>
</tr>
<tr>
<td>Billy Joe West Memorial 4-H Scholarship</td>
<td>1</td>
<td>$500</td>
<td>Freshman</td>
<td>Preference is given to young people planning to enroll as a freshman at the University of Missouri College of Agriculture, Food and Natural Resources.</td>
<td>Statewide</td>
</tr>
<tr>
<td>Charles and Marilyn Rosenkrans 4-H Scholarship</td>
<td>1</td>
<td>$1,000</td>
<td>Freshman</td>
<td>Preference will be given to applicants planning to enroll as juniors or seniors at the University of Missouri College of Agriculture, Food and Natural Resources. If an appropriate applicant is not found, applicants planning to enroll as freshman or sophomore at the University of Missouri College of Agriculture, Food and Natural Resources will be considered. An individual may only receive the scholarship for two years. Applicants must major in some field of agriculture. Preference is given to qualified applicants from Jasper County. If no suitable applicant is found, next consideration will be given to applicants from MU Extension’s Southwest Region and then to the entire state of Missouri.</td>
<td>Preference is given to applicants from Monroe, Pike and Shelby counties. Second preference to applicants from counties joining Monroe, Pike and Shelby counties. Third preference is statewide.</td>
</tr>
<tr>
<td>Jasper County 4-H Scholarship</td>
<td>1</td>
<td>$1,000</td>
<td>Sophomore</td>
<td>Must be applied toward a course of study in any accredited college, university, technical or trade school, or community college.</td>
<td>Preference is given to qualified applicants from Jasper County. If no suitable applicant is found, next consideration will be given to applicants from MU Extension’s Southwest Region and then to the entire state of Missouri.</td>
</tr>
</tbody>
</table>

More Missouri 4-H Foundation scholarships on the next page.
### Missouri 4-H Foundation scholarships — continued

<table>
<thead>
<tr>
<th>Name</th>
<th>Number</th>
<th>Amount</th>
<th>Year</th>
<th>Criteria</th>
<th>County preference order</th>
</tr>
</thead>
<tbody>
<tr>
<td>4-H Day with the St. Louis Cardinals</td>
<td>4</td>
<td>$500</td>
<td>Freshman</td>
<td>Must be applied toward a course of study at any accredited two- or four-year college or university in the state of Missouri. Scholarship is funded by raffle proceeds from 4-H Day with the Cardinals.</td>
<td>Statewide</td>
</tr>
</tbody>
</table>
| Joyce and Dick Taylor 4-H Scholarship     | 1      | $1,000  | Freshman   | Must be applied toward a course of study at the University of Missouri and major in agriculture, food and natural resources or human environmental sciences. | 1. MU Extension’s Northeast Region  
2. State 4-H Council members  
3. The remainder of the state                                    |
| C.O. and Katy Balentine 4-H Scholarship   | 2      | $2,500  | Freshman   | Must be applied toward a course of study at any accredited two- or four-year Missouri college or university. An internship with the local 4-H program, concentrated over a three to four week period under the direction of the local 4-H youth specialist, is encouraged but not required to be a recipient of this scholarship. | 1. Cass and Bates counties  
2. Adjoining counties                                               |
| Robert & Berneice Hartley & Family 4-H    | 1      | $500    | Sophomore  | Applicants must be a present or former 4-H Shooting Sports member and planning to enroll as a freshman, sophomore, junior or senior at an accredited two- or four-year college or university in Missouri. Selection will be based on 70 percent 4-H achievement in leadership, citizenship and community service; a minimum of three years as a participant in Missouri 4-H Shooting Sports; 20 percent financial need; and 10 percent work or career goals. | Will be awarded to a Boone County 4-H Shooting Sports member; applicants from adjoining counties will be considered only if no satisfactory applicants are received from Boone County. |
|                 Scholarship and Internship    |        |         |            |                                                           |                                                                  |
| B.W. Harrison Memorial 4-H Scholarship    | 2      | $1,000  | Freshman   | Must be applied toward a course of study at an accredited Missouri college, university, technical or trade school (two- or four-year institution). | MU Extension’s Southeast Region                                 |
| Terry Cole Memorial 4-H Scholarship       | 1      | $500    | Freshman   | Must be applied toward a Missouri university, college, community college or trade school. | 1. Montiteau County  
2. Adjoining counties                                                |
| Jackson County 4-H Foundation Scholarship | 3      | $1,000  | Freshman   | Must be applied toward a course of study at an accredited college, university, technical or trade school (two- or four-year institution). Must be a current or past Jackson County 4-H member for three consecutive years. Recipients are encouraged to complete an internship or perform volunteer service, preferably with the Jackson County 4-H program each awarded year of the scholarship, but this is not a requirement. For options regarding internship or volunteer service, contact the local 4-H youth specialist. The scholarship is renewable for up to an additional three years, dependent on maintaining a 2.50 GPA at an accredited college, university, technical or trade school for each year of the scholarship. | Jackson County |
| E.C. Adams 4-H Memorial Scholarship Fund  | 1      | $1,250  | Sophomore  | Must be applied toward an accredited Missouri college, university, technical or trade school. | Statewide                                                      |
| Goppert Foundation 4-H Scholarship        | 3      | 1 each: | Freshman   | Must be a CURRENT 4-H member maintaining a minimum 2.75 GPA. Must be applied toward a course of study at an accredited college, university, technical or trade school. Scholarship selection based on 50 percent 4-H achievement, 40 percent financial need and 10 percent on work or career goals. | Must reside in one of the following counties: Carroll, Cass, Clay, Clinton, Jackson, Johnson, Lafayette, Pettis, Ray or Saline. |
|                Missouri 4-H Equine Memorial  |        |         |            |                                                           |                                                                  |
| Scholarship    |        |         |            |                                                           |                                                                  |
| Alexandra     | 1      | $500    | Freshman   | Must be applied toward a course of study at any accredited two- or four-year Missouri college or university. Students must submit an essay, based on the MFA Saddle Award questions, demonstrating their excellence in Missouri 4-H equine showmanship or equine programs, along with the application. Students must answer each of the Saddle Award questions (A-D) on page 46 of the 4-H Horsemanship Project Leader Manual located at http://4h.missouri.edu/projects/curriculum/LG1400.pdf. Scholarship selection will be based on 70 percent excellence in showmanship or equine programs, 20 percent financial need and 10 percent on work or career goals. | 1. Boone County  
2. Statewide                                                    |
| Maybri Anderson |        |         |            |                                                           |                                                                  |
| Family 4-H     |        |         |            |                                                           |                                                                  |
| Scholarship    |        |         |            |                                                           |                                                                  |
| Robert and Anna| 1      | $500    | Freshman   | Applicants must be present or former 4-H members planning to enroll as a freshman at an accredited four-year college, university, technical or trade school. This scholarship is not limited to Missouri schools. | Statewide                                                      |
| Noland Family  |        |         |            |                                                           |                                                                  |
| 4-H Scholarship|        |         |            |                                                           |                                                                  |
| James H. and   | 1      | $1,000  | Freshman   | Applicants must be present or former 4-H members planning to enroll as a freshman at an accredited two- or four-year college, university, technical or trade school. This scholarship is not limited to Missouri schools. Selection will be based on 50 percent 4-H achievement in leadership, citizenship and community service; 40 percent financial need; and 10 percent work or career goals. | 1. Graduating Centralia High School  
(Missouri) senior  
2. Graduating Boone County seniors|
| Kittle Reams   |        |         |            |                                                           |                                                                  |
| Family 4-H     |        |         |            |                                                           |                                                                  |
| Scholarship    |        |         |            |                                                           |                                                                  |
| Waldo and Mary | 1      | $1,000  | Freshman   | Applicants must have been a participant in the MU Extension-sponsored 4-H Youth Futures: College Within Reach program and be planning to enroll or be enrolled as an undergraduate at an accredited college or university, community college, technical or trade school. The scholarship recipient is not limited to Missouri schools. | Statewide                                                      |
| Belle Turner   |        |         |            |                                                           |                                                                  |
| 4-H Scholarship|        |         |            |                                                           |                                                                  |
The Missouri 4-H Recognition and Awards Program provides appropriate recognition for the individual needs of all 4-H’ers. The program was developed using the National 4-H Recognition Model. For the recognition model and details about various recognitions and awards, see http://4h.missouri.edu/recognition/awards.

**Participation**

*a* **Essential elements: Belonging and independence**

A first step in building self-confidence is to acknowledge 4-H members for their involvement in educational experiences. Clubs, groups and counties are encouraged to recognize participation by 4-H members and volunteers. Creative ideas for recognizing Clover Kids, new members and new families help welcome them into the 4-H program and create a sense of belonging and community.

**Participation samples**

- Clover Kid Membership Card and Pin
- 4-H Membership Card
- 4-H Year Completion
- Award Certificates
- 4-H Leadership Completion Certificates
- 4-H Charter
- 4-H Club Kit

**Standards of excellence**

*a* **Essential elements: Mastery and independence**

Recognition of achievement for standards of excellence gives young people an external, pre-determined target for their learning experience. Members may elect to have 4-H projects or their performance evaluated at a local or county 4-H show, fair or other exhibit opportunity.

Mastery is the building of knowledge, skills and attitudes and then demonstrating the competent use of this knowledge and skill. The level of mastery is dependent on the developmental ability of the individual youth. The development of mastery is a process that happens over time and is increased with repetition.

**Standards of excellence samples**

- 4-H Club Standards of Excellence
- Project Work Standards of Excellence (Blue/Gold, Red/Silver, White/Bronze Recognition)
- Award Certificates

**Peer competition**

*a* **Essential elements: Mastery and independence**

Some 4-H members are encouraged by competition and enjoy the opportunity to compete with peers to determine the best project, performance or achievement. Members should be reminded that in competition there are winners, but there are many more non-winners. Members should be prepared to accept the results of the judge’s decision and are encouraged to appreciate the valuable learning that took place before, during and after the competition.

**Peer competition samples**

- Award Certificates
- State Excellence Awards (Missouri Recognition Forms)
- State 4-H Council
- National 4-H Congress
- National 4-H Conference
- MFA Saddle Award
- Tennessee Walking Horse Award

**Progress toward personal goals**

*a* **Essential elements: Independence, belonging and mastery**

Progress toward personal goals enables young people to gain experience in goal-setting and realistic self-assessment as they plan their projects, set their goals and reflect on their experience.

**Progress toward personal goals samples**

- Project Records
- Key Award
- Award Certificates
- Missouri Recognition Forms

To learn more about these and other 4-H awards, go to 4h.missouri.edu/recognition.aspx.
Cooperation

Essential elements: Belonging and generosity

Recognition for cooperation helps young people learn and work with others — preparing them for living in today’s interdependent, global society. Missouri 4-H creates environments where young people are valued, contributing members of their community. Focusing on young people helps communities recognize that young people are a valuable resource for the betterment of their community.

Cooperation samples

- Kemper and Pioneer Community Service Grant
- Kids Helping Kids
- BOAC
- Challenge and Adventure Training

Note: The only areas of the recognition model that are appropriate for Clover Kids are participation and cooperation. Children younger than 8 cannot distinguish that they can be good at some things and not others. They tend to think in terms of all good or all bad. It is appropriate to start helping them understand or think about standards of excellence, but their performance should not be evaluated in relation to the standards. Recognition is important for Clover Kids, but it should be positive and non-competitive.

State Excellence Awards
(Missouri Recognition Forms)

Missouri Recognition Forms Levels 1, 2 and 3 are used as both progress toward personal goals and peer competition. Competition was added in 2007 for Levels 1 and 2. All scholarship awards must be used by the recipient within the program year.

Level 1

- 4-H members who are between 8 and 10 years old before Jan. 1 of the current year are eligible to apply.
- Visit with your 4-H youth development specialist or youth education assistant.
- Complete Y2000, Missouri 4-H Recognition Form Level 1.
- Submit form to your local University of Missouri Extension center by the locally established date.
- Extension regions will review written applications.
- Up to five applications submitted from regional review may be forwarded to the state 4-H office by Jan. 15.
- Each applicant will receive a certificate, medal of excellence and a scholarship up to $50 toward a camp experience.

Level 2

- 4-H members between 11 and 13 years old before Jan. 1 of the current year are eligible to apply.
- Visit with your 4-H youth development specialist or youth education assistant.
- Complete Y2100, Missouri 4-H Recognition Form Level 2.
- Submit form to your local University of Missouri Extension center by the locally established date.
- Extension regions will review written applications.
- Up to three applications submitted from regional review may be forwarded to the state 4-H office by Jan. 15.
- Applicants will receive a scholarship to attend State 4-H Teen Conference, or if aged out, the scholarship will be applied to State 4-H Congress.

Level 3 — National 4-H Congress

- 4-H members who are between 14 and 18 years old before Jan. 1 of the current year are eligible to apply.
- Complete Y2200, Missouri 4-H Recognition Form Level 3.
- Submit form to your local University of Missouri Extension center by the locally established date.
- Extension regions will review written applications and interview applicants.
- Eight or 30 percent of the total applications submitted for regional review may be forwarded to the state 4-H office by April 1.
- Written applications are reviewed at the state level.
- The top 25 to 30 applicants are invited to interview during State 4-H Congress.
- Up to 20 applicants are selected as delegates to National 4-H Congress.

Level 3 — National 4-H Conference

The University of Missouri 4-H sends three delegates to the National 4-H Conference each year. Delegates participate in developing recommendations for the 4-H youth development program. The National 4-H Headquarters then shares the recommendations with the Secretary of Agriculture, National Extension program leader and others who determine 4-H programs. This event brings together youth, volunteer leaders and state and county extension staff from across the United States, the U.S. Territories and the Canadian Provinces.

- 4-H members who are between 14 and 18 years old on Dec. 31 of the program year are eligible to apply.
- Visit with your 4-H youth development specialist or youth education assistant.
• Complete Y2200, Missouri 4-H Recognition Form Level 3.
• Complete additional essay questions.
• Submit form and essay questions to your local University of Missouri Extension center by the locally established date.
• If selected for regional or state judging, prepare a video presentation on the topic chosen for your final essay question.

Key Award
The Key Award, the highest award a 4-H member can receive, recognizes 4-H members who have achieved significant leadership at the club or group, community and state levels. The Key Award is a prestigious award rewarding 4-H members for their hard work and accomplishments as well as the contribution they have made to the overall 4-H program.

The objective of the Key Award is to encourage the growth of Missouri youth in the areas of leadership, community service, project excellence and personal growth, which are contributing factors to the development of outstanding citizens.

Eligibility:
• Ages 14–18 years old on Dec. 31 of the program year
• 4-H member for at least one year
• Worked with an adult mentor (preferably an adult that is not the member’s parent or guardian)

Application process:
• Visit with your 4-H youth development specialist or youth education assistant.
• Select an adult mentor who will support your work and help document your efforts for your Capstone Effort.
• Members who reach the minimum points required will receive the Missouri 4-H Key Award and certificate at the local level; they will also be recognized at the state level. The mentor will receive a 4-H Key Award mentor pin.
## 4-H state competitive events*

*Participation is limited to ONE contest per day.

<table>
<thead>
<tr>
<th>Event</th>
<th>Location</th>
<th>How selected</th>
<th>Award</th>
<th>Contest materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meats Judging Contest</td>
<td>Eckles Hall, University of Missouri</td>
<td>Project enrollment is not required.</td>
<td>Team and individual awards. Top senior team goes to National Meats Contest in Manhattan, Kan. Partial funding is available for trip.</td>
<td><a href="http://aggiemeat.tamu.edu/">http://aggiemeat.tamu.edu/</a> Instructional Materials Laboratory, University of Missouri, 1-800-669-2465 • Meat Cuts ID Manual (instructors) • Meat Judging and Grading (students)</td>
</tr>
<tr>
<td>Usually the third Saturday in February</td>
<td></td>
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<tr>
<td>Horse Judging Contest and Clinic</td>
<td>Trowbridge Livestock Center, University of Missouri</td>
<td>No limit on the number of participants per county. Project enrollment is not required.</td>
<td>Team and individual awards. Top senior county team goes to the Eastern Horse Roundup in Louisville, Ky. Partial funding is available for trip.</td>
<td><a href="http://4h.missouri.edu/events/horse/">http://4h.missouri.edu/events/horse/</a> <a href="http://extension.missouri.edu/horses/">http://extension.missouri.edu/horses/</a></td>
</tr>
<tr>
<td>Usually the third Saturday in March</td>
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<tr>
<td>Horse Bowl</td>
<td>Animal Science Center, University of Missouri</td>
<td>Certified coaches may bring prequalified teams to the state event. Guidelines are in the 4-H Horsemanship Manual. Project enrollment is not required.</td>
<td>Team and individual awards. Top senior county team to the Eastern Horse Round-Up held in Louisville, Ky. Partial funding is available for trip.</td>
<td><a href="http://4h.missouri.edu/events/horse/">http://4h.missouri.edu/events/horse/</a></td>
</tr>
<tr>
<td>Usually the second or third Saturday in April</td>
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<tr>
<td>Hippology</td>
<td>Animal Science Center, University of Missouri</td>
<td>No limit on number of teams per county. Total registration is limited to the first 180 youths. Project enrollment is not required.</td>
<td>Team and individual awards. Top senior county team goes to the Eastern Horse Roundup held in Louisville, Ky. Partial funding is available for this trip.</td>
<td><a href="http://4h.missouri.edu/events/horse/">http://4h.missouri.edu/events/horse/</a></td>
</tr>
<tr>
<td>Usually the second or third Sunday in April</td>
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</tr>
<tr>
<td>State Sportfishing Event</td>
<td>TBA</td>
<td>No limit on the number of youth participants per county. 4-H Sportfishing project enrollment is required.</td>
<td>Individual awards for Juniors (ages 8-10), Intermediate (ages 11-13) and Seniors (ages 14 and older).</td>
<td><a href="http://4h.missouri.edu/go/projects/sportfishing/">http://4h.missouri.edu/go/projects/sportfishing/</a></td>
</tr>
<tr>
<td>First Saturday after Memorial Day weekend</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>State Poultry Day</td>
<td>Animal Science Center, University of Missouri</td>
<td>Project enrollment is not required.</td>
<td>Team and individual awards</td>
<td><a href="http://4h.missouri.edu/events/livestock">http://4h.missouri.edu/events/livestock</a> Order National 4-H Poultry Judging manual at <a href="mailto:gnickels1@unl.edu">gnickels1@unl.edu</a> or 402-472-9712</td>
</tr>
<tr>
<td>Usually the first or second Saturday in June</td>
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<tr>
<td>FilmFest 4-H National Film Festival</td>
<td>Kansas City, Mo.</td>
<td>Ages 11-18 can attend and/or compete. Films submitted, then selected by event committee.</td>
<td>Team awards in narrative, documentary, animation, 4-H promotional and Voices of 4-H History categories.</td>
<td><a href="http://4h.missouri.edu/filmfest/">http://4h.missouri.edu/filmfest/</a></td>
</tr>
<tr>
<td>Summer 2016</td>
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</tr>
<tr>
<td>Missouri State Fair</td>
<td>Sedalia, Mo.</td>
<td>4-H exhibits and competitions are part of the fun of the Missouri State Fair. Make sure you see the projects of our 4-H’ers or catch the livestock competitions. Whatever your interest, there is something for everyone.</td>
<td>Contact your local MU Extension center for deadlines and qualifications. Additional information can be found at <a href="http://4h.missouri.edu/statefair/">http://4h.missouri.edu/statefair/</a> and <a href="http://www.mostatefair.com">http://www.mostatefair.com</a></td>
<td></td>
</tr>
<tr>
<td>First Monday of State Fair</td>
<td>Missouri State Fair, Sedalia, Mo.</td>
<td>Top senior goes to national contest.</td>
<td>Top senior goes to national contest.</td>
<td><a href="http://mostatefair.com">http://mostatefair.com</a></td>
</tr>
<tr>
<td>Event</td>
<td>Location</td>
<td>How selected</td>
<td>Award</td>
<td>Contest materials</td>
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<tr>
<td>Wildlife Habitat Education Project</td>
<td>Central Missouri (Columbia area)</td>
<td>Individuals 8-18 years old, or teams of three or four. Specific project enrollment is not required.</td>
<td>Individual or team awards for juniors (ages 8-13) and seniors (14 and older). The four high-scoring seniors will form the state team and represent Missouri at the National WHEP contest.</td>
<td><a href="http://4h.missouri.edu/go/projects/wildlife/whep.htm">http://4h.missouri.edu/go/projects/wildlife/whep.htm</a></td>
</tr>
<tr>
<td>Dairy Judging</td>
<td>Missouri State Fair, Sedalia, Mo.</td>
<td>Open sign-up on the day of the contest. Project enrollment is not required.</td>
<td>Senior team advances to national contest.</td>
<td>Registration information available at <a href="http://mostatefair.com">http://mostatefair.com</a> under the open dairy section.</td>
</tr>
<tr>
<td>Shooting Sports:</td>
<td>Missouri Trapshooters Association, Linn Creek</td>
<td>Complete project requirements. Pre-registration is required.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Horse Public Speaking/Demo/Team</td>
<td>Animal Sciences Center, University of Missouri</td>
<td>Counties may enter their top junior and senior individual for Speaking or Demo, and their top junior and senior team for Team Demo. Project enrollment is not required.</td>
<td>Top individuals in senior Speaking and Demo, and top senior Team Demo will advance to finals.</td>
<td><a href="http://4h.missouri.edu/events/horse">http://4h.missouri.edu/events/horse</a> Manual under Resources</td>
</tr>
<tr>
<td>Team Demo</td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Fashion Revue</td>
<td>University of Missouri</td>
<td>It is preferred that participants are enrolled in 4-H clothing, textile, knit or crochet projects, but any 4-H member selected as a winner in a county 4-H Fashion Revue is eligible to compete. County rules or policies determine local project enrollment requirements. One junior (ages 8-10), one intermediate (ages 11-13) and one senior (ages 14-18) may participate in Clothes You Make and Clothes You Buy categories. One contestant (junior, intermediate or senior) may participate in Knit and Crochet categories. Each county may send up to eight contestants.</td>
<td>Individual awards for each category. Age categories are 8-10, 11-13 and 14 and older.</td>
<td><a href="http://4h.missouri.edu/events/fashionrevue/">http://4h.missouri.edu/events/fashionrevue/</a></td>
</tr>
</tbody>
</table>
## 4-H state competitive events — continued

<table>
<thead>
<tr>
<th>Event</th>
<th>Location</th>
<th>How selected</th>
<th>Award</th>
<th>Contest materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salesmanship Contest/Show Me 4-H Wares Aug. 13–16, 2015</td>
<td>Missouri State Fair, Sedalia, Mo.</td>
<td>Youths who are selected as Show Me 4-H Wares at the State Fair exhibitors</td>
<td>Awards for individuals, pairs and teams for ages 11–13 and ages 14 and older.</td>
<td><a href="http://4h.missouri.edu/events/fair/showmewares.htm">http://4h.missouri.edu/events/fair/showmewares.htm</a></td>
</tr>
<tr>
<td>Shooting Sports: State Shoot and all other events Usually the third Saturday and Sunday in September</td>
<td>Prairie Grove Shotgun Sports, Columbia, Mo.</td>
<td>Participation is open to all 4-H’ers enrolled in the Shooting Sports project who have successfully completed project requirements. Must have participated in the same event at a local or regional level.</td>
<td>Individual and team awards. Age categories are 8-10, 11-13 and 14 and older.</td>
<td><a href="http://4h.missouri.edu/go/projects/shootingsports">http://4h.missouri.edu/go/projects/shootingsports</a></td>
</tr>
<tr>
<td>State 4-H Public Speaking Oct. 24, 2015</td>
<td>University of Missouri</td>
<td>Counties may send up to three juniors (ages 8-10), three intermediates (ages 11-13) and three seniors (ages 14-18) per category. 4-H’ers may compete in one category at this contest.</td>
<td>Individual awards</td>
<td>See Public Speaking Project #242 (p. 37). For information about the Public Speaking Academy (learning in a non-competitive environment), see listing on page 71.</td>
</tr>
<tr>
<td>State Excellence Award Level 1</td>
<td>County and regional selection process</td>
<td>See Recognition and Awards section of the 4-H Clover</td>
<td>Certificate and medal; $50 camp scholarship</td>
<td><a href="http://4h.missouri.edu/recognition/awards/competition.htm">http://4h.missouri.edu/recognition/awards/competition.htm</a></td>
</tr>
<tr>
<td>State Excellence Award Level 2</td>
<td>County and regional selection process</td>
<td>See Recognition and Awards section of the 4-H Clover</td>
<td>Scholarship to State Teen Conference or State 4-H Congress</td>
<td><a href="http://4h.missouri.edu/recognition/awards/competition.htm">http://4h.missouri.edu/recognition/awards/competition.htm</a></td>
</tr>
<tr>
<td>State Excellence Award Level 3 National 4-H Congress</td>
<td>County, regional and state selection process</td>
<td>See Recognition and Awards section of the 4-H Clover</td>
<td>Trip to National 4-H Congress, Atlanta, Ga.</td>
<td><a href="http://4h.missouri.edu/recognition/awards/competition.htm">http://4h.missouri.edu/recognition/awards/competition.htm</a></td>
</tr>
<tr>
<td>4-H Key Award</td>
<td>County selection process</td>
<td>See Recognition and Awards section of the 4-H Clover</td>
<td>Key Award</td>
<td>Complete Key Award application.</td>
</tr>
<tr>
<td>4-H Scholarships</td>
<td>State selection process</td>
<td>See scholarship section in the 4-H Clover for more information.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MFA Saddle Award</td>
<td>Award presented at the State 4-H Horse Judging Contest in March</td>
<td>State selection process</td>
<td>New saddle</td>
<td>Application available at <a href="http://4h.missouri.edu/events/horse/">http://4h.missouri.edu/events/horse/</a> or contact your local MU Extension center.</td>
</tr>
<tr>
<td>Tennessee Walking Horse</td>
<td>Award presented at the National Celebration in August</td>
<td>Open to all 4-H members with a Tennessee Walking Horse</td>
<td>Oster A5 clippers and TWHBEA apparel</td>
<td>Information available at <a href="http://4h.missouri.edu/events/horse">http://4h.missouri.edu/events/horse</a></td>
</tr>
</tbody>
</table>

Events will be canceled if a minimum is not met. The Missouri Farm Bureau Federation sponsors the Contest Days, except for Fashion Revue, Public Speaking and Shooting Sports. State information can be found at [http://4h.missouri.edu/events](http://4h.missouri.edu/events).

Make sure to confirm dates on the Web or with your local University of Missouri Extension center. Many state 4-H competitive events include junior and senior divisions. For all these events, junior competitors are those who are 8–13 years old, intermediate are those who are 11–13, and senior competitors are those who are 14-18 years old before Jan. 1 of the program year.

- 4-H’ers may not compete in two state contests held on the same day.
- 4-H Clover Kids do not participate in competitive events, contests or shows.
# Opportunities beyond the county

## Clover Kids

<table>
<thead>
<tr>
<th>Event</th>
<th>Description</th>
<th>Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clover Kid Day</td>
<td>Held at the Missouri State Fair</td>
<td></td>
</tr>
<tr>
<td>Regional Energizers</td>
<td>Meet other members and leaders in your region and learn about opportunities and projects. Some regions also provide trainings at this event.</td>
<td>Contact your local MU Extension center for more information; not every region has a regional energizer.</td>
</tr>
</tbody>
</table>

## 4-H members

<table>
<thead>
<tr>
<th>Event</th>
<th>Description</th>
<th>Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Aerospace Camp</strong>&lt;br&gt;Missouri S&amp;T campus, Rolla</td>
<td>Prepare to blast off for three fun-filled days on the Missouri S&amp;T campus. Experience aeronautics and space flight from the ground-up perspective, as you learn about the history of flight, astronomy and space exploration. Your three days will be filled with computer simulations, interactive teamwork activities and practical hands-on experiences.</td>
<td>Campers must be ages 10-12 by July 22. Additional information can be found at <a href="http://futurestudents.mst.edu/summercamps/aerospace">http://futurestudents.mst.edu/summercamps/aerospace</a></td>
</tr>
<tr>
<td><strong>County Fairs</strong></td>
<td>This is your opportunity to show others what skills and knowledge you have learned in your 4-H project.</td>
<td>Contact your local MU Extension center for more information.</td>
</tr>
<tr>
<td><strong>4-H Camp Food and Fitness</strong>&lt;br&gt;Columbia</td>
<td>Visit the University of Missouri campus to participate in workshops and tours related to health and fitness.</td>
<td>For 4-H members ages 12-14. More information on page 74 and at <a href="http://4h.missouri.edu/events/foodandfitness">http://4h.missouri.edu/events/foodandfitness</a></td>
</tr>
<tr>
<td><strong>MCIA — Missouri Citizenship in Action!</strong>&lt;br&gt;Jefferson City</td>
<td>Now coordinated through State 4-H Congress, MCIA helps you learn about the judicial and legislative processes from the professionals themselves when you cast yourselves in their role. You'll get hands-on experience as a legislator or judge, while you learn about state government from the inside.</td>
<td>4-H members must be 14 years old on Jan. 1 of the current program year. For more information, visit <a href="http://4h.missouri.edu/mcia">http://4h.missouri.edu/mcia</a></td>
</tr>
<tr>
<td><strong>Citizen Washington Focus</strong>&lt;br&gt;Washington, D.C.</td>
<td>A living and learning experience in citizenship where young people see, learn, listen, discuss and debate in workshops, seminars and field trips for a unique opportunity using the nation’s capitol as a classroom.</td>
<td>Contact your local MU Extension center for more information.</td>
</tr>
<tr>
<td><strong>Legislative Academy</strong>&lt;br&gt;Jefferson City&lt;br&gt;Feb. 15–19, 2016</td>
<td>This is a one-of-a-kind learning opportunity for promising 4-H youth leaders. The goal is to strengthen relationships between Missouri 4-H and key lawmakers and donors, and for youth participants to acquire skills in legislative advocacy. Participants have the opportunity to interact with state executive, legislative and judicial leaders, and job shadow a legislator.</td>
<td>For 4-H members 14 and older who have been in 4-H for more than one year. Space is limited to 12 youths. Additional information can be found at <a href="http://4h.missouri.edu/events/academy">http://4h.missouri.edu/events/academy</a></td>
</tr>
<tr>
<td><strong>Public Speaking Academy</strong>&lt;br&gt;Fayette&lt;br&gt;June</td>
<td>Learn, in a non-competitive environment, about writing and delivering a speech. Non 4-H'ers welcome.</td>
<td>For ages 11-13. Information will be posted at <a href="http://4h.missouri.edu/projects/projects3.html#publicspeaking">http://4h.missouri.edu/projects/projects3.html#publicspeaking</a></td>
</tr>
<tr>
<td><strong>State Teen Conference</strong>&lt;br&gt;Columbia&lt;br&gt;March 12–13, 2016</td>
<td>State 4-H Teen Conference is a great way for 11- to 13-year-olds to learn what it will be like to be a teenager in 4-H. Conference is planned and implemented by the teens on your Missouri State 4-H Council, and provides a safe and fun environment with many new friends to be made.</td>
<td>For ages 11-13. Contact your local MU Extension center for deadlines. Additional information on page 74 and at <a href="http://4h.missouri.edu/events/teenconf">http://4h.missouri.edu/events/teenconf</a>.</td>
</tr>
<tr>
<td><strong>State Congress</strong>&lt;br&gt;Columbia&lt;br&gt;June 1–3, 2016</td>
<td>State Congress is a fun-filled event where teens have the opportunity to participate in a variety of workshops, experience team building, meet new people from across the state and decide who will represent you on the State 4-H Council. Congress is planned and implemented with the Council and held on the MU campus.</td>
<td>Congress is designed for Missouri 4-H members ages 14-19. Contact your local MU Extension center for deadlines. More information on page 73 and at <a href="http://4h.missouri.edu/events/congress">http://4h.missouri.edu/events/congress</a>.</td>
</tr>
</tbody>
</table>
### Opportunities beyond the county — continued

<table>
<thead>
<tr>
<th>Event</th>
<th>Description</th>
<th>Ages/Details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FilmFest 4-H</strong></td>
<td>Youths from across the country learn from professionals in the film industry.</td>
<td>For ages 11-18. Visit <a href="http://4h.missouri.edu/filmfest">http://4h.missouri.edu/filmfest</a> for more information.</td>
</tr>
<tr>
<td><strong>Summers @ Mizzou</strong></td>
<td>Summers @ Mizzou is a program designed to bring young people age 12 and older to the University of Missouri campus. Through the different camps offered, young people can learn about different college majors and career opportunities. Young people will also have a chance to experience life as a college student by living in the dorms, eating in a dining hall and exploring campus and Columbia. These camps are great for those beginning to think about college and their future career.</td>
<td>For ages 12–18. For information about the different camps offered for each age group visit: <a href="http://4h.missouri.edu/programs/summers">http://4h.missouri.edu/programs/summers</a></td>
</tr>
<tr>
<td><strong>Youth Civic Leaders Summit</strong></td>
<td>The summit is a statewide weekend retreat for young people ages 14–18 who are active or aspiring leaders and decision-makers in their communities. The summit engages young people in meeting, learning alongside and having fun with adult leaders from around the state. Participants experience teamwork, leadership in action and planning for local community civic engagement. Registration by teams only; no individual registrations.</td>
<td>The Summit is attended by teams of two to eight teens, and one to two adults. Team members do not have to be members of 4-H. Contact your local MU Extension center for local deadlines. More information on page 75 and at <a href="http://4h.missouri.edu/events/summit">http://4h.missouri.edu/events/summit</a>.</td>
</tr>
<tr>
<td><strong>Mizzou Collegiate 4-H</strong></td>
<td>Mizzou Collegiate 4-H offers members social activities, leadership, community involvement and travel to regional and national conferences. Focus is on developing leadership and responsibility while serving the community.</td>
<td>Open to anyone on campus and members at large from across the state. For more information, contact <a href="mailto:mizzou4h@gmail.com">mizzou4h@gmail.com</a>.</td>
</tr>
</tbody>
</table>
Missouri 4-H events

State 4-H Congress — June 1-3, 2016

Congress is a quality learning experience for Missouri 4-H teens ages 14-19. The Missouri State 4-H Council plans and implements the event, which is held on the University of Missouri campus in Columbia.

Objectives
- Select youth representatives via State 4-H Council elections.
- Enjoy quality workshops and educational opportunities.
- Experience campus living — residence halls, cafeterias and classrooms.
- Get to know other 4-H teens from across Missouri.
- Have a lot of fun along the way!

Registration
To attend, a youth must be 14–19 years of age before Jan. 1 of the year the event takes place. Eligible members may attend more than one State 4-H Congress. Registration takes place through the county 4-H office at your local MU Extension center and closes by mid-April (please see your county office for local deadlines). For materials and additional information, visit [http://4h.missouri.edu/events/congress](http://4h.missouri.edu/events/congress).

Advanced registration
Please keep to the April 15 (counties will use an earlier date) registration deadline in order to permit sufficient time to confirm workshops with instructors and young people.

Qualification of delegates
All delegates must be 14 years of age before Jan. 1 preceding State 4-H Congress. Eligible members may attend more than one State Congress, unless local county policy prohibits this.

State officer and regional representatives
Four regional representatives from the University of Missouri 4-H program are elected by delegates within their regions and one person from each of the Lincoln University regions. Urban representation for MU Extension consists of two representatives from the eastern portion of the urban region and two from the western portion of the urban region. The State 4-H Council president, vice president, secretary and treasurer are elected by the entire State Congress delegation. For more information on the State 4-H Council, visit [http://4h.missouri.edu/events/congress](http://4h.missouri.edu/events/congress).

Sponsors
Registration fees are kept below the actual costs of the event, thanks to sponsorship from the Association of Missouri Electric Cooperatives, Inc., Missouri Corn Growers Association and MFA Foundation.

To learn more about these and other 4-H events, go to [4h.missouri.edu/events](http://4h.missouri.edu/events).
State 4-H Teen Conference — March 12–13, 2016

Young 4-H’ers from ages 11-13 will not want to miss this premier 4-H event! Teen Conference is a fun-filled, overnight, two-day event held at the Holiday Inn Executive Center, with a day of training spent on the beautiful MU campus. It is planned and led by older teens on the State 4-H Council and designed to appeal to pre-teens while building excitement for their 4-H experience in the years to come. Information and updates are available at http://4h.missouri.edu/go/events/teenconf.

Objectives

- Provide quality leadership and learning experiences.
- Introduce 4-H’ers age 11–13 to the exciting opportunities that await them as older teens.
- Provide opportunities to get to know their youth representatives on the State 4-H Council.

Important notice

To be eligible to attend, delegates must be at least 11–13 years old on Jan. 1 of the year Teen Conference is taking place. Registration takes place through the 4-H office at your local MU Extension center.

Citizenship Washington Focus

A living-learning experience in citizenship where young people see, learn, listen, discuss and debate in workshops, seminars and field trips for a unique opportunity using the nation’s capital as a classroom.

Delegates will view national memorials, The Smithsonian, Mount Vernon and Arlington Cemetery. The program is held at the National 4-H Center, located in Washington, D.C.

Objectives

- To help young people understand their rights and responsibilities as active, involved citizens.
- To provide a better understanding of the structures and functions of government.
- To stimulate an appreciation of our national heritage and culture.
- To provide an opportunity to view international interdependence.

- To provide the opportunity to meet other 4-H’ers from across the nation.

Registration

This trip is coordinated on a regional and/or state level by youth staff. Check with your local University of Missouri Extension center in the fall for information. A deposit is usually required in late fall to secure a spot on the trip.

Eligibility

To participate, young people must be 15-19 years old before Jan. 1 of the current 4-H program year.

Fees

The planning committee determines a registration fee annually. The fee covers lodging, most meals during the conference and insurance.

For more information, visit http://4h.missouri.edu/events/cwf.

4-H Camp Food and Fitness — December 5–6, 2015

Young people who attend 4-H Camp Food and Fitness will

- learn more about personal health and well-being;
- experience hands-on activities that promote better nutrition and physical fitness;
- explore college majors and careers in food, nutrition and fitness; and
- meet young people throughout Missouri who share an interest in food, nutrition and fitness.

Young people (ages 12 through 14) enrolled in 4-H food projects are the primary audience, but young people associated with any Missouri extension program are eligible to attend if they meet the age requirement. The camp is limited to 30 participants.

Learn more at http://4h.missouri.edu/events/foodandfitness.
Missouri Citizenship in Action! (MCIA)

Currently coordinated through State 4-H Congress, participants in the MCIA track learn about the judicial and legislative processes from the professionals themselves by assuming their role. Craft a bill, argue a case or hear it as a member of the state supreme court, while learning about state government from the inside!

Delegates must be age 14 or older as of Jan. 1 of the current program year and sign up for the MCIA track during State 4-H Congress (June 1–3, 2016).

To learn more, visit http://4h.missouri.edu/mcia.

Youth Civic Leaders Summit — March 4–6, 2016

The Youth Civic Leaders Summit is a statewide retreat for active and aspiring youth leaders and the adults who support them. The summit brings together approximately 150 youths and adults who serve in leadership roles with 4-H programs or in local communities.

Goals of the summit

• Promote youth-adult partnerships.
• Provide educational training for young people serving as planners and decision-makers.
• Mobilize teams of young people and adults to plan and carry out community service-learning.
• Showcase youth engagement and encourage networking between counties and states.

Eligibility

Registration is by youth-adult team only. Teams of three to 10 people per county (eight youths, two adults) can register for the summit. To participate, young people must be 14-18 years old before Jan. 1. Counties may register more than one team. Young people completing EXCEL leadership programs, active with teen leadership groups, county youth liaisons or young people serving on county 4-H councils or county extension councils are encouraged to attend.

Registration

Summit registration materials are at http://4h.missouri.edu/events/summit, starting Dec. 1. County deadlines for registration are normally late December or early January.

FilmFest 4-H

At this national 4-H event, film industry professionals teach youths how movie magic happens and offer ways to do much of it on a teenager’s budget. FilmFest 4-H takes place each year in Missouri and is an absolute must-do for aspiring filmmakers, actors, theatre arts types, tech nerds and movie geeks. For more information, visit http://4h.missouri.edu/filmfest.

To learn more about these and other 4-H events, go to http://4h.missouri.edu/events.
State 4-H Council

The Missouri State 4-H Council is a body of teens elected by their peers to serve as their voice at the state level. As resources for the 4-H program, council members help ensure that Missouri 4-H programs connect with the needs and interests of youth. Council members help plan and implement statewide programs, advise on policy issues and carry out many other important duties. The council also manages the "Kids Helping Kids" fund, designed to help their fellow 4-H'ers in times of need.

The State 4-H Council consists of 32 regional representatives, including four from each MU Extension 4-H region, and one from each Lincoln University Extension program area. They are guided by an executive committee of four officers, four state representatives and four adult advisors. Regional representative candidates must be between the ages of 14 and 17 on Jan. 1 of the election year, and officer candidates may be as old as 18. Officer candidates for the following year are nominated each winter by the council, selecting candidates from the body of current regional representatives. Regional representative candidates are identified through a regional interview process in the spring. Both regional representatives and officers are elected to their positions by the delegates at State 4-H Congress in the summer.

If you are interested in being a candidate for regional representative, contact the 4-H youth specialist at your local MU Extension center.

The State 4-H Council is a youth-adult partnership of MU Extension’s 4-H Center for Youth Development and Lincoln University Extension.

For an application and more information, visit http://4h.missouri.edu/go/getinvolved/council

Kids Helping Kids

Difficult times and disasters can strike anyone. When times are at their worst, it is nice to know that someone cares and wants to help. Kids Helping Kids is a program devoted to helping Missouri 4-H members and their families in times of need by providing small financial grants to 4-H members who have gone through family hardships like natural disasters, medical emergencies, the loss of a loved one or other traumatic events.

The grant application is made by 4-H staff and administered by the State 4-H Council.

For more information, contact your local MU Extension center, the Missouri 4-H Foundation at 1-800-642-8041 or visit http://4h.missouri.edu/foundation/grants/kids.shtml.

4-H Living Interactive Family Education (LIFE)

The 4-H LIFE Program is a 4-H youth development program designed to strengthen family relationships. Qualified offenders and their family members participate in ongoing, prison-based 4-H club meetings and project activities. The program has three components:

- 4-H LIFE family club visits with the incarcerated parents, the children and caregivers. The visit is enhanced through a more family-friendly visiting room atmosphere that includes a 4-H club meeting, 4-H projects and fun, family-strengthening activities.
- Parenting classes to develop incarcerated parents’ skills in relating to their children and the caregiver who is raising them.
- Planning meetings designed to teach the incarcerated parents how to plan age-appropriate, educational activities for the visits with their children at the correctional center.

Learn more about the 4-H LIFE Program at http://extension.missouri.edu/4hlife.

4-H LIFE Program Staff Guide is online at http://extension.missouri.edu/4hlife/staff-guide.aspx.
4-H — Helping others through service

4-H is a family affair. One way a family can spend 4-H time together is through community service projects. Service helps 4-H’ers learn more about communities and exercise good citizenship. Teaching young people to volunteer in this way is an important life skill.

It is helpful to the 4-H program to keep records of community service projects completed by 4-H members and clubs. Clubs submitting a community service log (on pages 79-80) will be awarded seals. The seal color is dependent upon the percentage of club participation.

- 95 percent and above = purple
- 75 percent – 94 percent = gold
- 50 percent – 74 percent = silver
- 49 percent and below = green

Community service ideas can be found at http://4h.missouri.edu/projects/service.

Marshall Mentor program

“Marshall the Miracle Dog,” a family movie, opens in 2015 as part of 4-H’s partnership with the Marshall Mentor program. Featuring strong anti-bullying and animal rescue themes, the movie is based on the true story of a Labrador retriever and the bullied boy who rescues him.

The Marshall Mentor program, through a yearlong MU Extension 4-H program, gives older 4-H youths opportunities to use leadership and public speaking skills. Younger youths are exposed to positive role models through the program and learn strategies for putting an end to bullying by living Marshall’s character cornerstones of empathy, strength, courage, perseverance, kindness and forgiveness.

For more information about the Marshall Mentor program, visit http://www.marshallthemiracledog.com/ or contact your local 4-H staff member.

Show-Me Character

Show-Me Character is a program that teaches young people to make wise ethical choices. It also encourages adults to become more involved in helping young people develop positive character traits, such as trustworthiness, fairness, respect, caring, responsibility and citizenship. Communities certainly benefit when young people and adults understand the importance of being involved as caring citizens and doing the right thing. Effective character education encourages young people to do the right thing by incorporating these core ethical values in their daily lives.

Show-Me Character is Missouri 4-H Youth Development’s Character Education Program based on CHARACTER COUNTS!® CHARACTER COUNTS! is a service mark used by the CHARACTER COUNTS! Coalition, a project of the Josephson Institute of Ethics.

Goals:
1, 2, 3, 4; Content – Communication Arts: 1, 2

Resources:
LG13, Show-Me Character brochure, NC
LG14, Ethics in the Workplace guide, NC
LG15, Show-Me Character guide, NC

Website:
http://www.4-hmilitarypartnerships.org/ (curriculum resources, character education)

Mizzou Collegiate 4-H

Mizzou 4-H offers its members social activities, leadership and community involvement, as well as travel to regional and national conferences. Mizzou 4-H is open to anyone on campus, along with members at-large from across the state. Past 4-H members and students with no previous 4-H experience can be part of Mizzou 4-H.

Mizzou 4-H focuses on helping members develop leadership and responsibility while serving the community. Members are not required to complete projects or similar activities as in traditional 4-H programs. Mizzou 4-H provides workshops, officer training and motivational training.

For more information, contact mizzou4h@gmail.com.
Global Education

Opportunities for all 4-H members

Just as 4-H goes beyond our doorstep and your county line, it also goes beyond our nation’s borders.

4-H Global Education contributes to understanding people of the world through hosting, travel experience, project and activity enrollment for individuals and clubs.

Opportunities for 4-H families provide insight into the world in which we live by participating in some phase of Global Education.

Get more information at http://4h.missouri.edu/programs/globaled.

Global Education at home

• 4-H International Demonstration Contest at the Missouri State Fair. Knowledge of the cooking customs and culture, along with nutritional information, are educational components of the presentation.
• 4-H project or club activity using the curriculum “Seeing2I”
• 4-H leader materials
• Educational resources are available for checkout from the state 4-H office

Freedom Support Act/Future Leaders Exchange (FLEX) high school host family

• Serve as host family for students from Eurasia countries such as Ukraine, Russia, Georgia, Azerbaijan, Kazakhstan, Kyrgyzstan, Moldova, Tajikistan, Turkmenistan, Uzbekistan and Armenia
• Enroll as a junior or senior in a local high school
• Arrive at host state in August and depart in June

Application deadline: Dec. 1

4-H/Japanese exchange to Japan

• Four-week host family experience living in Japan
• Open to young people ages 12-18 as of Dec. 31 of current program year
• Depart mid-July

Application deadline: Nov. 1

Exchange to Norway, Argentina, Costa Rica, Finland and Australia

• Four-week experience living with a host family (countries vary each year)
• Open to young people ages 15-18 as of Dec. 31 of current program year (must not be in college)
• Travel dates are mid-June to mid-July

Application deadline: Nov. 1

4-H/Japanese short-term host family

• Four-week host opportunities for a youth from Japan
• Arrive at host family in mid-July; depart mid-August
• Two weeks serving as host to the adult chaperone who accompanies the youth delegates

Application deadline: March 1

4-H/Japanese high school host family

• Serve as host family for Japanese student who will be enrolled at local high school as a junior or senior
• Arrive at host family in August and depart in June

Application deadline: Dec. 1