Child Development Project Brief

Learning Objectives
• Understand the four areas of growth and development
• Identify how to take responsibility for your own actions
• Understand why people see and respond differently
• Learn about healthy food choices
• Understand children's behavior

Fair Projects (building)
• Educational poster explaining the four areas of growth and development
• Display an organization chart of how you manage your time
• Identify on a poster activities you can do when you're home alone
• Make a toy chart listing appropriate toys for each stage of development of a child
• Make a diagram of your family tree
• Display the rule chart for your family

Demonstration Ideas
• How to inspect a toy
• How to develop an emergency plan
• How to plan a nutritious meal
• How to use toys as developmental tools
• How to decide if someone is ready to be a parent

Field Trips
• Child care facility
• Elementary school or pre-school
• Nursing home
• Community park/playground

Ideas for Speech Topics
• Role models
• Stages of development
• Healthy lifestyles
• Child safety
• Child development career options

Critical Thinking
• What are at least two safety guidelines to follow when a child is at a playground?
• What is one toy that would be appropriate for an infant and why?
• Name one reason siblings may have different thoughts on topics.
• What are some ways to stimulate a baby's brain?
• Name three activities you can do when you are home alone.

Community Service
• Volunteer to coach or assist a youth sports team
• Volunteer to baby-sit for a family member, friend, or neighbor
• Assemble first aid kits for neighbors
• Help coach a little league team
• Make neighborhood playgrounds safe

Science & Technology
How do you use Science and Technology in this project area? Examples:
• Compare and analyze healthy snack choices
• Interview and gather information from teachers and child care providers about working with children
• Gather information about toy safety
• Explore computer software and websites related to child development

Show Me Character

Trustworthiness - involves being honest and keeping promises made to children and others.
• Always complete your project
• Be honest with your project leader and others taking the project
• Stand by your project, even if it doesn't turn out the way you want
Respect - includes treating children and families with courtesy regardless of similarities and differences.
- Show the importance of making healthy choices by respecting your body with what you eat and the exercise you do
- Show respect for different views
- Value everyone's opinions and ideas
- Treat others' projects the way you want your project treated

Responsibility - involves taking responsibility for your own actions and continues to learn about people and about growth and development.
- Complete your project on time
- Work hard - Put forth the best effort possible
- Do what you say you will do; be where you say you will be
- Use materials that are safe for children when making your projects

Fairness - involves consistently applying rules and standards appropriately for different age groups and ability levels.
- Treat children fairly based on what you have learned about the developmental stages of young people
- Allow everyone to speak before making group decisions
- Be consistent and accurate in recording information

Caring - includes promoting the well being of people and things in a child's world. Caring denotes action and not just feelings.
- Do what you're good at; others will appreciate your expertise
- Share your knowledge with others
- Share what you have learned with other young people in the community who provide babysitting

Citizenship - involves making the home community and county a better place to live for themselves and others.
- Be a volunteer; help out whenever you can
- Play by the rules of your local clubs and fairs
- Don't try to cut corners - follow the rules

Show Me Standards
Missouri 4-H members will acquire the knowledge and skills to gather, analyze and apply information and ideas, communicate effectively, recognize and solve problems, make decisions and act as responsible members of society.

4-H members will acquire a solid foundation which includes knowledge of:
- Physical Education - principles of movement and physical fitness
- Communication Arts - participating in formal and informal presentation and discussions of issues and ideas
- Mathematics - geometric and spatial sense involving measurement, trigonometry, and similarity and transformations of shapes.
- Science - characteristics and interactions of living organisms; impact of science, technology and human activity on resources and the environment
- Social Studies - economic concepts (including productivity and the market system) and principles (including the laws of supply and demand)

Resources
411 Child Development Unit 1
Y620 4-H Project Record
Y4110 Growing On My Own
LG4140 Grow All Together Helper's Activity Guide

412 Child Development Unit 2
Y620 4-H Project Record
Y4120 Growing With Others
LG4140 Grow All Together Helper's Activity Guide

413 Child Development Unit 3
Y620 4-H Project Record
Y4130 Growing in Communities
LG4140 Grow All Together Helper's Activity Guide

To Order
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For additional resources check with your local University of Missouri Extension Center or the 4-H Source Book at http://www.4-hmall.org/educationalresources.aspx.