



## **YCLS 2019 Program Descriptions**

### **Friday Dining Hall Dinner – 5:30-6:00PM**

After teams arrive and check-in at registration, dinner is in the dining hall. Groups should arrive 4:00-5:00pm to check-in, unload, and have time to eat from 5:30-6:00pm. Ask your adult team leader about dinner plans before you register (some teams eat on the way to YCLS). Summit Café snacks on Friday and Saturday evening will be “potluck.” Each team is asked to bring one snack to enjoy, one snack to share with others.

### **It's Your Move: Youth Meet & Greet – Friday 6:15-7:00PM**

All youth Summiteers are invited to join 4-H and MCB teens (Youth Hosts) for meet & greet activities on Friday from 6:15-7:00pm. Teams will participate in icebreaker activities that introduce youth to each other. Kick off the weekend by meeting new friends who are all on the game board of life!

### **Adult Chaperone Meeting – Friday 6:15-7:00PM**

All adults must attend an adult chaperone meeting Friday 6:15-7:00pm, during the Youth Meet & Greet session. Team leaders will meet other adult staff and volunteers, participate in a brief orientation, cover volunteer roles, and receive important information for leading and chaperoning all their game players for the weekend!

### **Youth/Adult Speaker Highlights – Friday 7:30PM & Saturday 8:30AM**

The Summit will feature a fantastic line-up of keynote speakers who will spin your thinking, move your motivation, and land on incredible insights for leadership and service! Invited speakers include:

- **Brandon Lee White – Youth Speaker & Dance Instructor, Own It Movement**

Nationwide author, speaker, and youth mover Brandon Lee White helps teens take ownership of who they are, what they want, and what holds them back. The Own It Movement empowers students to reach their full potential through leadership and character development. Students will face the excuses, fears, and negative habits that limit their progress in the game of life and become leaders who move beyond!

- **Chet Sisk – Social Futurist, Lead the Shift**

As a former television reporter, advertising executive, entrepreneur, and columnist, Chet Sisk is dedicated to providing insight into the tremendous changes affecting our world, and how leaders can thrive and help others thrive in the midst of it. From student leaders and local communities to the United Nations, Chet has worked with a wide range of groups, and will bring his inspirational, aspirational message to YCLS!

- **Purdue University Extension 4-H Guest Team (Invited)**

Learn about leadership, life, and youth development in LaPorte and Porter Counties of Northern Indiana. This team of Purdue University Extension 4-H teen leaders and adult staff are making the interstate road trip to showcase their work and accomplishments in youth-adult partnerships in the Great Lakes Region!

## **Saturday Workshops, Recreation, and Service:**

We will try to honor everyone's first workshop and recreation choices, subject to what facilities allow and when registrations are received. No changes are made at the conference, so choose carefully!

### **Workshop Tracks – Saturday 10:00-11:30AM**

Workshop tracks feature leadership topics, skill-building activities, and discussions, facilitated by a combination of youth and adults. Participants will grow their knowledge and skills to become more effective as leaders and influencers of change. **Make your first choice of workshop track at registration.**

**T1 – Youth Empowerment** Learn how to use your voice, empower others, and share leadership with youth and adults in group initiatives! You never know whose life you might be changing.

**T2 – Inclusive Leadership** Learn how you can become an inclusive leader who transforms lives through friendship, mentoring, and being a role model! Ensure others are invited and included in the “game.”

**T3 – Juggling Life** Discover how to balance time, stress, relationships, and leadership roles with poise and confidence! Stay on track even when life throws you curves.

**T4 – Career Preparation** Sharpen your skills to pursue a career and build habits to help you find success in leadership and in life! Discover steps you can take to start down the career path of a lifetime.

### ***Recreation – Saturday 2:30-5:30PM***

Please choose your recreation track(s) at registration. **Choose between the EDGE challenge course 3-hour option (additional charge), or two 1.5-hour recreation options for Saturday afternoon (no additional charge).**

**R1 – The Edge of Life: Challenge Course – 3 hours (\$25.00/person)** Master the EDGE high course climbing wall, zip lines, cat walk, giant swing, and “Leap of Faith!” The EDGE stimulates individual growth and group unity through teambuilding and leadership development. It is a great choice for teams who want to push themselves up to, but not quite over, the EDGE!

**R2 – Get Your Game On: Board Games & Gym Games – 1.5 hours (2 sessions)** Make new friends playing your favorite board games, or join in organized gym games like volleyball or dodgeball, or new games requiring group strategy! Make connections between game strategies and the ultimate game of life!

**R3 – Life Outdoors: Hiking & Caving - 1.5 hours (2 sessions)** Spend time outdoors exploring Lake of the Ozarks ecology and geology on an interpretive trail hike and tour inside an underground cave! Hiking is easy to moderate. Participants should bring and wear warm clothing and pack a headlamp or flashlight for caving.

**R4 – Life's a Dance: Swing & Line Dance Lessons – 1.5 hours (2 sessions)** Partner up or join with the crowd to learn and practice swing & line dances led by a professional dance instructor! Why just walk through life when you can “grape-vine” through it, break out some new moves, and enhance teamwork and trust.

### **Summiteers Serve! Projects On-the-Spot – Saturday 1:00-2:00pm**

Leaders jump in and help others accomplish a goal, no matter how big or small. Join fellow Summiteers in a variety of small but meaningful service projects-on-the-spot! See how giving back can form habits for a lifetime and benefit others across the entire lifespan!

### **Doing Life Together: Team Talent Showcase – Saturday 7:30-9:00PM**

The Team Talent Showcase, emceed by Mizzou 4-H, is inspired, led, and performed entirely by you! Each team can bring a “talent” -- anything your team does well and enjoys doing together! It can be a demonstration, song, skit, dance, poem, or other activity. All youth/adult team members are encouraged to work together. The showcase is designed to enhance teamwork, public speaking, and confidence, all in a supportive environment! Presentations should be 3 minutes or less, and appropriate for all audiences:

- **Music Selections:** please be ready to turn in music or other media selections at registration on Friday!
- **Rehearsals:** request a Saturday rehearsal time and space as needed at registration on Friday!

### **Team Photos – throughout the event**

Teams will have opportunities for group photos throughout the Summit weekend. You will have access to a photo backdrop at registration on Friday afternoon and continuing through the Sunday morning closing session. On Saturday before lunch at 12:00pm, join in a group photo of all youth/adults outside the dining hall.

### **Opportunities Tour – throughout the event**

4-H and MCB partner with numerous groups to offer leadership development and community civic engagement for teens and adults, both in their communities and in the broader world. The *Opportunities Tour* will connect you with trips, exchanges, leadership programs, higher education, and other opportunities to become a lifelong leader and learner!

### **Team Poster Contest – throughout the event**

Teams are invited to bring a poster (up to 2x3-foot) about a project or event you completed in the past year. Teams that attended the Summit last year should focus posters on *The Courage to Lead* mini-grant projects they planned at YCLS 2018! Posters will be on display in the main meeting room throughout the weekend. Posters will be evaluated by youth and adult judges on: 1) clear description of the project or event, 2) why it was important to the community, 3) process or steps the team took, and 4) results. Prizes will be awarded for poster content and creativity. Show pride in your team’s achievements and let other Summiteers learn from your successes!

### **Life Is What You Make It: Team Action Planning – Sunday 9:00-10:30AM**

Sunday is time to apply your new knowledge, skills, and motivation toward purposeful teamwork, action and impact. Step up and demonstrate how you are taking the lead in the game. Teams will be guided through an action planning steps for youth and adults working in partnerships. Teams will set a goal and develop an action plan for a new event or project in 2019, and make a brief presentation to the group. The session will help teams know how to access resources, get coaching, and apply for grant funds to support your goal!

**SEE YOU AT THE SUMMIT!**

