

Spirit

Newsletter of the Missouri 4-H Foundation

Spring 2013

Established 1949
MISSOURI 4-H FOUNDATION 
The Next Sixty Years

4-H programs propel young leaders to success



Jessie Fowler

Being a Missouri 4-H Foundation trustee is a “once-in-a-lifetime opportunity,” said Morgan Beach, one of two 4-H youth representatives serving on the foundation board.

Morgan and her counterpart, Jessie Fowler, earned board appointments by election to the state 4-H council executive committee. As youth trustees, Jessie and Morgan represent their peers and act as foundation ambassadors. Both were Missouri 4-H Legislative

Academy delegates and have received Missouri 4-H Foundation college scholarships.

Through her work with the foundation, Morgan has gained “a different perspective about the 4-H program.” She attended State 4-H Congress, served as Central Region Representative and holds a state 4-H office. Today the MU College of Agriculture, Food and Natural Resources student is an intern for State Senator Brian Munzlinger and project assistant with the Missouri 4-H Invest an Acre program.

As a National 4-H Congress delegate, Morgan learned to “step outside my comfort zone, gain leadership skills and become the person I am today.”

Missouri 4-H Foundation support helps young leaders gain experience and develop skills that serve them throughout their lives.

Jessie Fowler found that 4-H offered unparalleled opportunities. She’s participated in both National 4-H Congress and 4-H Conference, state leadership conferences and livestock judging. Serving on state



Morgan Beach

4-H council, Jessie had many occasions to take on leadership roles. “I have made so many networking contacts, new friends for a lifetime, and I learned I can accomplish anything I set my mind to,” she said.

Jessie studies agribusiness management at Mizzou, represents the foundation at state events, and maintains the Missouri 4-H social media presence on Facebook and Twitter.

“I enjoy having the ability to voice my opinion on foundation matters, as well as learning how the foundation provides for 4-H members,” Jessie said. “I have become much more grateful for what the Foundation does.” 

4-H mom says her blood runs “green.” See story on page 4.

Honorary Chair
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Executive Director
Cheryl Reams

Director of Development
Kristen Heitkamp

Dear 4-H Friends,

I hope 2013 is off to a great start for you! As demonstrated in our cover feature, young people like Jessie and Morgan flourish with your 4-H support. Missouri 4-H has been an important part of their lives for many years, and Jessie and Morgan continue to experience 4-H to the fullest extent. It shows in their exemplary leadership. Thanks to you, throughout their college years both will continue to have many 4-H opportunities that will prepare them personally and professionally for what lies ahead in just a few short years.

Last fall, we said goodbye to a wonderful Missouri 4-H supporter, Mrs. Marjorie Adams. Mrs. Adams' 4-H legacy will live on in the young people who are the recipients of the E.C. Adams 4-H Memorial scholarship established by Mrs. Adams in 2007. Mrs. Adams has ensured a promising future for Missouri 4-H members, and we are grateful for her generosity and dedication to the mission of Missouri 4-H.

I want to thank Don Nikodim and the Missouri Pork Association for being such outstanding friends and partners to Missouri 4-H through the Missouri 4-H Foundation. Don and his team help our organization in so many ways, and we are so thankful for all they do. Read more about this fantastic group in our Partner Spotlight in this issue.

Many thanks also to Missouri 4-H Foundation Trustee Bob Idel, who was the 2012 recipient of the Missouri 4-H Foundation Nelson Trickey Bridge Builder Award. Bob is truly one of a kind, and a blessing to our organization, not to mention a good friend to all who know him. You can read more about Bob and why he is the ideal recipient of the Bridge Builder Award on Page 5.

With 2013 underway, it's not too early to start making plans to join us for the 4th Annual Clover Classic Golf Tournament to raise funds for Missouri 4-H programs! This year's tournament will be held June 4 in Columbia, and we hope to see you there. Registration information can be found on Page 6 of this issue of *Spirit*.

Whether you make an annual gift, support an endowment, or are planning to leave a legacy through your will, you are the true "Foundation" of our successes. Thank you for your continued partnership. Pledge your support today via mail, online at <http://www.4hfoundation.edu/> or call us at 800-642-8041.

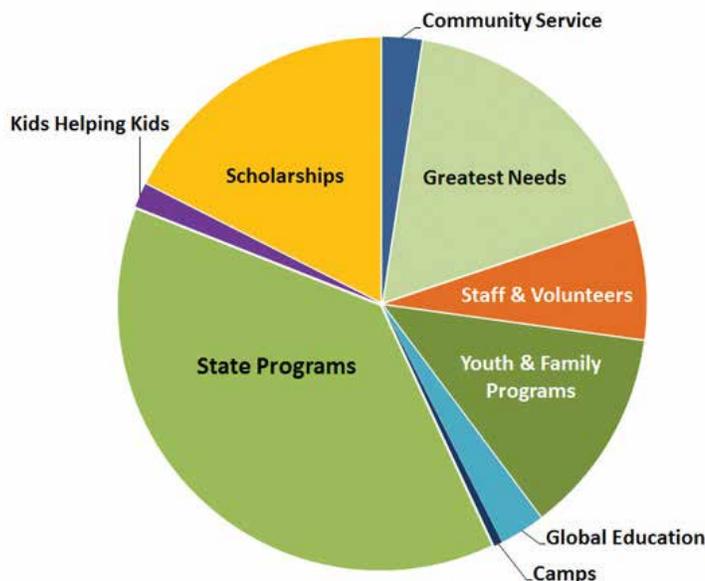
Warm regards,



Cheryl Reams
Executive Director

How you support 4-H

Fiscal Year 2012 program funding



Together with our partners, in Fiscal Year 2012 we provided \$534,859 to Missouri 4-H programs. This chart shows how funds were allocated from July 1, 2011 to June 30, 2012.

With your support, 4-H members flourished through more than 80 state programs focused on agriculture, life skills, leadership development, science, engineering and technology, and healthy living.

We helped 4-H members make contributions to their communities through service, and to explore 21st century careers. In addition, we recognized volunteers and friends whose legacies make a lasting impact on the next generation.

In Memoriam — Marjorie Elizabeth Adams

Sept. 12, 1914 – Oct. 11, 2012

Missouri 4-H benefactress Marjorie (Hertzog) Adams, 98, was born in Blue Springs, Mo., to Anna and Jacob Hertzog. She met E.C. Adams Jr. early in life — they grew up on adjoining farms, joined 4-H in Jackson County and graduated from the same one-room school house. They married and raised three daughters: Betty, Carol and Donna.

After settling in St. Louis in 1946, Marjorie helped E.C. establish the St. Louis Adams Dairy and the popular Velvet Freeze Ice Cream Parlors.

Mrs. Adams also was an active volunteer in the University Extension Club and Baptist Medical Center Auxiliary, as well as the Kirkwood Baptist Church.

In retirement, E.C. and Marjorie enjoyed raising cattle and farming

in Bland, Mo, and later raising llamas at their ranch in Labadie.

Missouri 4-H has been and is a family affair: Marjorie's nephew Bud Hertzog, daughter Betty and her husband Bill Crouch have been active in the Missouri 4-H Foundation for many years. In 2007, Mrs. Adams established the E.C. Adams 4-H Memorial Scholarship to help 4-H youth achieve their educational goals.



E.C. and Marjorie Adams pose with llamas at their ranch in Labadie.

The Missouri 4-H Foundation gratefully acknowledges MFA Foundation for providing support for this issue of the 4-H Spirit.

4-H mom says her blood runs green

by Linda Geist, MU Extension
Cooperative Media Group

Alisa Forrester Kigar's blood runs 4-H green.

The former State 4-H Council officer became a 4-H mom Oct. 17 when her oldest child attended a meeting of Kigar's own childhood club, the Scotland County Jolly Jacks and Jills 4-H Club, formed in 1973.

"Ironically, on our trip down the road this evening to our first club meeting, in front of us was a beautiful rainbow," she said. "It warmed my heart and was a sign to me that this new adventure in 4-H, as a family, was going to be a real blessing." Her new role began as 4-H members across the state were observing National 4-H Month.

Kigar said she knows the life of her 8-year-old son, Eli, will be enriched by participation in 4-H activities, just as her life was. Kigar's 7-year-old daughter, Elsie, is a new Clover Kid.

"I can see now what a huge impact those early leadership experiences on the council, coupled with the local leaders and members and my mother's influence, are what made me the adult I am today," she said. "I'm eager to jump back into the green and white field of 4-H as a mom and leader for my children."

Kigar was a 4-H member from ages 8-20. As a member of the Central Missouri State University Collegiate 4-H Club during college, she attended the National Collegiate 4-H Conference in Washington, D.C., and visited Switzerland as an International



Alisa Forrester Kigar with son, Eli, and daughter Elsie.

Four-H Youth Exchange (IFYE).

"My IFYE experience was the momentum behind my love of traveling, and hosting and making friends from around the world," she said. In return, Kigar and her family are hosts to 4-H, Rotary Club and international guests.

Plant your community idea for 2013!

What could your 4-H club do with \$2,500?



Suggest a 4-H club that needs funding, and learn about farmers in your area! Plant your ideas online at <http://www.americas-farmers.com/growcommunities/plant-your-ideas.aspx>.

You will need the name and tax number of your nonprofit organization and a brief description of your project.

America's Farmers Grow Communities is an advocacy program celebrating U.S. farmers, and sponsored by Monsanto.



Above, Bob Idel jokes with State 4-H Council members Morgan Beach, left, and Emily Paul.

Bob Idel and FCS Financial named “4-H Bridge Builder”

Bob Idel and FCS Financial were honored with the Missouri 4-H Foundation Nelson Trickey Bridge Builder Award Sept. 21 in Columbia. Idel, who is a vice-president at FCS Financial, also serves as a Missouri 4-H Foundation trustee. Throughout his tenure on the foundation board, Idel has exemplified leadership, and has gone above and beyond to further the 4-H mission.

“Bob is completely devoted to his role as a Foundation trustee,” said Missouri 4-H Foundation Executive Director Cheryl Reams. “He is the first person to volunteer his time, to stretch his list of contacts to help fundraise, and to do whatever is necessary to achieve the organization’s goals.”

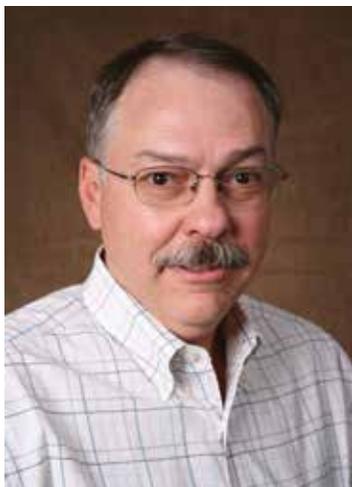
Idel’s work ethic reflects FCS Financial’s dedication to sustaining and improving rural life in Missouri. For more than 95 years, FCS Financial has been a cornerstone of Missouri’s rural economy. Recognizing the link between 4-H and vibrant communities, FCS Financial has been a 4-H partner for nearly two decades, and has recently pledged to establish the FCS Financial – Missouri 4-H Animal Science Fund, which will provide permanent support for animal science programs.

FCS also received the Friend of 4-H award from the Missouri State 4-H Council, which lauded the organization’s contributions to the youth program.

“The scope of FCS Financial support to Missouri 4-H members is phenomenal. We are fortunate and grateful to have Bob Idel and FCS Financial as partners.”
— Cheryl Reams, executive director of the Missouri 4-H Foundation

The Missouri 4-H Foundation Nelson Trickey Bridge Builder award is presented to individuals or organizations for their exceptional service bridging youth and community.

Partner Spotlight: Don Nikodim and Missouri Pork Association



Don Nikodim

Last August, visitors to the Missouri State Fair 4-H Building found young 4-H chefs preparing pork dishes during the 4-H Specialty Pork Demonstrations Contest.

The competition, proudly sponsored by the Missouri Pork Association (MPA), is open to 4-H

members who are enrolled in a Foods or Swine project. Contest entries may be on any facet of pork: food, nutrition, production practices or byproducts.

“That’s just one of the ways in which MPA supports Missouri 4-H’ers,” said Cheryl Reams, executive director of the Missouri 4-H Foundation. “The Missouri Pork Association sponsors the Legislative Academy and National 4-H Congress delegations, as well as state livestock judging competition.”

“And we count on Don Nikodim at our annual 4-H Clover Classic Golf Tournament,” she added. “He is one of our most valued volunteers.”

Nikodim has represented Missouri pork producers as their executive vice-president since 1983, occasionally trading business attire

for an auctioneer’s cowboy hat or chef’s apron. Whether serving pork burgers or discussing the farm bill, Don brings knowledge and expertise to the table.

Originally from a small farm in southwest Missouri, Don has both bachelor’s and master’s degrees from the University of Missouri. He has served on numerous committees and task forces for the National Pork Producers Council, National Pork Board, the University of Missouri and related agencies.

The Missouri Pork Association represents the state’s pork producers in the areas of promotion, research, education and legislation.



2013 federal tax law favors donors

IRA owners age 70½ and older can make a qualified charitable distribution (QCD) up to \$100,000 each year. Now Congress has expanded this option for 2012 and 2013. Here’s how the new tax law works. If you made QCDs directly from your IRA custodian to charities with the hope that the law would be retroactive, you were correct. These QCDs are qualified retroactive to January 1, 2012. You may also make a second QCD during the remainder of 2013.

If you received your IRA required minimum distribution (RMD) in December of 2012 and transferred those funds to charity in January 2013, the IRA distribution will not be reported as income. Effectively, the December 2012 RMD is converted to a January QCD that qualifies for 2012.

As always, contact your financial advisor for advice, and the Missouri 4-H Foundation with any questions about your charitable contribution to Missouri 4-H.



Registration form available at
<http://4h.missouri.edu/foundation/>

News and Notes

Missouri 4-H Foundation awards 59 scholarships

Thanks to the generous contributions of 4-H donors, in 2012 the Missouri 4-H Foundation awarded 59 college scholarships totaling \$57,550.



Tractor Supply “Paper Clover” Campaign raises funds for county 4-H programs

When you shop at Tractor Supply between May 8 to May 19, support 4-H with a Paper Clover — just add \$1 at checkout.

Last year, shoppers at Tractor Supply Company stores donated \$7,139.40 to participating county 4-H programs across the state. At some TSC stores, 4-H members gave demonstrations and offered information about joining 4-H. Thanks to our partners at TSC for supporting the 4-H Paper Clover Campaign!



Scholarship donor Diane Cole, left, presents the Terry Cole Memorial Scholarship to Alexandra Rost.

Join us!

Join Missouri 4-H Foundation Heritage League

The Missouri 4-H Foundation invites you to join the Heritage League, with an estate gift or charitable annuity. Cash, securities, real estate or personal property can be conveyed to the Missouri 4-H Foundation through a simple and inexpensive amendment to your will. Call Executive Director Cheryl Reams at the foundation, 1-800-642-8041, for more information.

Join the Clover Club

When you join the Clover Club, you're making a valuable contribution to Missouri 4-H, and helping young people grow! Clover Club members show their commitment to supporting Missouri 4-H through a three-year pledge. The Clover Club provides long-term support for 4-H programs, and helps the Missouri 4-H Foundation plan for the future.

Matching Gifts

Does your company offer a matching charitable contribution program? Many do. Contact your company for details. Some corporations cap their total contribution, so making your donation early in the year helps ensure you get the maximum match for your donation. If you participate in a matching gift program, please call the foundation, 1-800-642-8041, so we can credit your company's matching gifts.

2012 4-H Tributes

In Memoriam

Marjorie Adams
Louie Downing
Alan Flatt
Jim McLarney
Rita Nolke
Virginia Norris
Virgil Pettus
Dodie Rathke
Debbie Robertson
Michael Paul Shamen
Dorothy Stumpe
Merrill Townley
Ed Wiggins
Roger Wilcoxon

*Dedicated to the work of
Mr. and Mrs. Hedges as 4-H
leaders*

*Commemorate the marriage of
Rachel Bringer & Bobby Shepherd*

Tony Simon tribute

If you do not wish to receive the *4-H Spirit* in the future, please contact the foundation office at 1-800-642-8041, or by email at 4hfoundation@missouri.edu.

4-H Spirit (Y602) is published biannually by the Missouri 4-H Foundation. Incorporated in 1949, the foundation is a 501(C) (3) organization, which secures and manages financial resources for University of Missouri Extension 4-H programs.

With the help of supporters like you, 4-H county and state programs, camps and clubs continue to thrive. When you make a pledge or send a check in the enclosed envelope, your gift is tax-deductible.



Missouri 4-H Foundation
1110 S. College Ave., Room 152
University of Missouri
Columbia, MO 65211

We've moved!

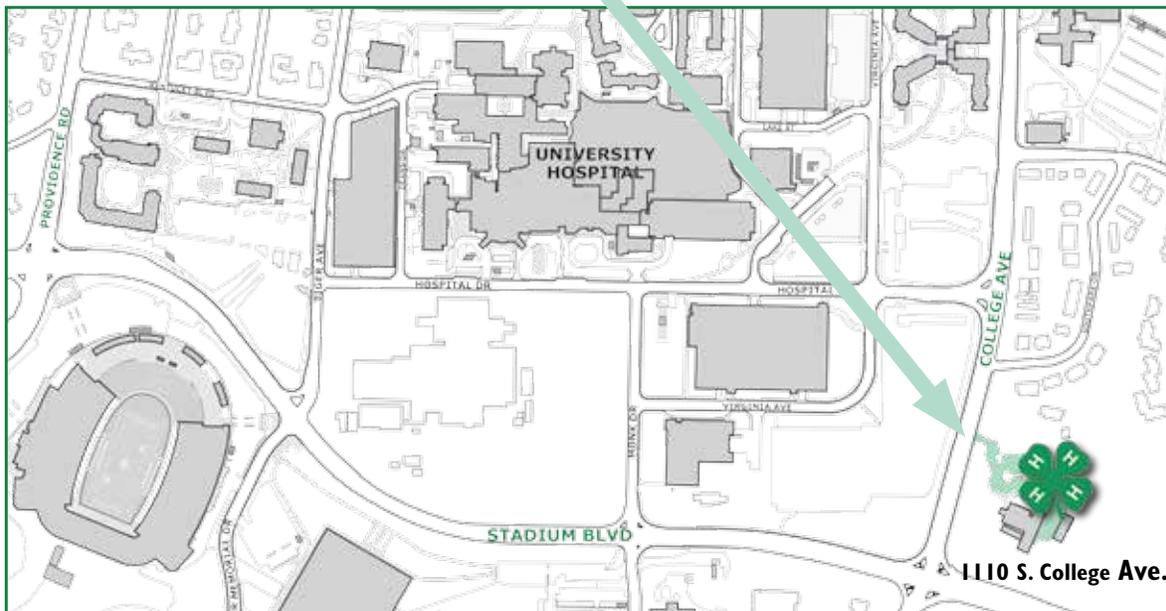
Our new address is:

1110 S. College Ave., Room 152
Columbia, MO 65211

Directions

1110 S. College Ave. is located just north of East Stadium Blvd.

- **From Hwy. 63**, take Stadium Blvd. west to College Ave. and turn right.
- **From Providence Road**, take Stadium Blvd. east to College Ave. and turn left.



Prefer to receive the *Spirit* by email? Contact us at 4hfoundation@missouri.edu