

Mizzou 4-H has had a busy year of hard work and growth since last year's Rally in the Red Stick. Besides Baton Rouge, our travels have taken club members to Washington, D.C., Milwaukee, WI, West Lafayette, IN, and all over that state of Missouri. One of our members served as a collegiate facilitator during this summer's Curriculum Summit in Washington D.C. It was a great opportunity to help reshape a major part of 4-H on the national level. Four club members attended the North Central Region Volunteer Forum in Milwaukee. It was a great opportunity to network with volunteers throughout our region and learn a lot of great information to bring back to the club. Next in our travels was our regional conference hosted by Purdue. Four members attended and had a great time in Boilermaker country. Two of our members were elected to regional offices and our club was chosen to host the regional conference, *Welcome to the Jungle*, in 2008. So we invite all North Central Region collegiate 4-H clubs to come to Columbia, MO November 14-16 for a great weekend.

We continued our travels throughout Missouri as our members attended state volunteer training to become certified Missouri 4-H volunteers. In addition, we have taught several workshops for regional energizers, Peace Jam conferences, county 4-H councils, and even the 4-H LIFE program in the Vandalia Women's Prison. Members have truly enjoyed giving back to the 4-H program while teaching these workshops and even learned themselves about facilitating in different settings. Our sessions have included officer trainings, Using Your Noodle, teambuilding, creative meetings, and many more to come as we are in the process of creating new sessions for Missouri 4-H members everywhere.

We also enjoy giving back through several service projects this year. We received a grant through the Missouri 4-H Foundation to sponsor two Camp Hickory Hill Paint Days. Through these events we have teamed up with other Mizzou organizations and Boone County 4-H members to paint several cabins at this local camp for youth with diabetes. We also held an OMK Family Fun Day for children of deployed parents in the 4027<sup>th</sup> Army Reserves. For the Holidays, we took part in the CAFNR Adopt a Family as a sponsored club of the College of Agriculture, Food, and Natural Resources. Club members purchased gifts and a meal for a local family of three to help brighten their holidays.

Also through CAFNR, we co-sponsored the Knowledge Bowl for CAFNR Week and organized a booth with children's activities during the Columbia Twilight Festival. We have also teamed up with the 4-H Center for Youth Development in many state 4-H events. During the State Shooting Sports we parked over 400 cars at 5:30 in the morning. At the State 4-H Teen Conference we served as hall monitors for over 350 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> graders after lights out. We served on the planning team for the Youth Civic Leaders Summit, including leading teambuilding, MCing the talent show, and facilitating the World Café discussion. We assisted in the taping of a state judging contest training video for Missouri 4-H members. Three of our members represented Mizzou 4-H in the state capitol while meeting with legislators during the Legislative Academy. At this year's State Fashion Revue, we lead a workshop, "How to Be..." on how to interact with others. We also sponsored the annual 4-H Center for Youth Development Open House with the Missouri 4-H Foundation.

Mizzou 4-H has been going non-stop this year and is glad to have several new members, doubling both our club size and activity! To top it off, we're excited to be traveling to Denver with six members at this year's national conference. M-I-Z! Z-O-U!