

BUILDING LEADERS

Description

Have you ever wondered what type of leader you are? How do you lead in different situations? Join in the "building" of this workshop and discover the different styles of leadership.

Room Set-Up

Classroom style with tables and chairs

Supplies

Each group receives the following:

- 8-ounce package of spaghetti noodles (can use 1/2 packages)
- 25 wooden toothpicks
- 50 small gumdrops

Separate all the supplies into these amounts prior to the workshop

Introduction (5 min.)

Open with a brief discussion on leadership. Ask participants questions such as the following:

- What is your definition of leadership/a leader?
- What groups/situations have leaders?
- What qualities does a good leader have?
- Give some examples of good leaders and what they have done?

Conclude the discussion by telling the participants that, "In this workshop you are going to learn about different styles of leadership and in what situations they are appropriate to use."

Spaghetti Tower Activity (15 min.)

Split the participants into groups of 4-6 and place one group at each table. Tell them they have 10 minutes to build as high a structure as they can. They may use only an 8-ounce package of spaghetti noodles, 25 wooden toothpicks, and 50 small gumdrops, and the structure must be freestanding. Before they start, have each group designate one person as a leader. Have each leader come to the front and get a leader card that explains the kind of leader he or she will be. Make sure that each leader understands their role and ask if they have any questions. When all the leaders understand their roles, the supplies are distributed to each group.

Debrief & Discussion (15 min.)

At the end of 10 minutes have everyone go around and look at all the structures. Then come together and discuss what happened with some of the following questions:

- Which tower was the ...
 - tallest

- strongest
- most attractive
- Describe your leader and what he or she did?
- Did your leader work well with your group?
- Was your leader helpful and how?
- Ask each group leader to explain their roles to the groups?
- What happened because of each different leadership style?
- When is "dictator" leadership appropriate?
- When is "laissez-faire" leadership appropriate?
- When is "democratic" leadership appropriate?
- You were given a brief period of for this activity -- how did this affect the different leadership styles?

Have the groups help clean up the structures.

Leadership Scenario Activity (15 min.)

Give each member of the Spaghetti Tower Groups a different number. Reorganize the participants with all the number one's together, all of the number two's, together, etc. Give each group a leadership scenario, poster board, and marker. Have each group discuss their scenario and write out a plan of action on their poster board, including the leadership styles they would use. After 10-15 minutes of discussion, have each group report on their scenario and plan of action.

Wrap-Up (10min.)

Distribute the "Types of Leaders" handout and explain it aloud to the group. Ask if they have any questions about the handout or anything else that was discussed during the session.