



Child Development Project Brief

Learning Objectives

- Understand the four areas of growth and development
- Identify how to take responsibility for your own actions
- Understand why people see and respond differently
- Learn about healthy food choices
- Understand children's behavior

Fair Projects (building)

- Educational poster explaining the four areas of growth and development
- Display an organization chart of how you manage your time
- Identify on a poster activities you can do when you're home alone
- Make a toy chart listing appropriate toys for each stage of development of a child
- Make a diagram of your family tree
- Display the rule chart for your family

Demonstration Ideas

- How to inspect a toy
- How to develop an emergency plan
- How to plan a nutritious meal
- How to use toys as developmental tools
- How to decide if someone is ready to be a parent

Field Trips

- Child care facility
- Elementary school or pre-school
- Nursing home
- Community park/playground

Ideas for Speech Topics

- Role models
- Stages of development
- Healthy lifestyles
- Child safety
- Child development career options

Critical Thinking

- What are at least two safety guidelines to follow when a child is at a playground?
- What is one toy that would be appropriate for an infant and why?
- Name one reason siblings may have different thoughts on topics.
- What are some ways to stimulate a baby's brain?
- Name three activities you can do when you are home alone.

Community Service

- Volunteer to coach or assist a youth sports team
- Volunteer to baby-sit for a family member, friend, or neighbor
- Assemble first aid kits for neighbors
- Help coach a little league team
- Make neighborhood playgrounds safe

Science & Technology

How do you use Science and Technology in this project area?

Examples:

- Compare and analyze healthy snack choices
- Interview and gather information from teachers and child care providers about working with children
- Gather information about toy safety
- Explore computer software and websites related to child development

Show Me Character

Trustworthiness – involves being honest and keeping promises made to children and others.

- Always complete your project
- Be honest with your project leader and others taking the project
- Stand by your project, even if it doesn't turn out the way you want

Respect - includes treating children and families with courtesy regardless of similarities and differences.

- Show the importance of making healthy choices by respecting your body with what you eat and the exercise you do
- Show respect for different views
- Value everyone's opinions and ideas
- Treat others' projects the way you want your project treated

Responsibility – involves taking responsibility for your own actions and continues to learn about people and about growth and development.

- Complete your project on time
- Work hard - Put forth the best effort possible
- Do what you say you will do; be where you say you will be
- Use materials that are safe for children when making your projects

Fairness - involves consistently applying rules and standards appropriately for different age groups and ability levels.

- Treat children fairly based on what you have learned about the developmental stages of young people
- Allow everyone to speak before making group decisions
- Be consistent and accurate in recording information

Caring – includes promoting the well being of people and things in a child's world. Caring denotes action and not just feelings.

- Do what you're good at; others will appreciate your expertise
- Share your knowledge with others

- Share what you have learned with other young people in the community who provide babysitting

Citizenship – involves making the home community and county a better place to live for themselves and others.

- Be a volunteer; help out whenever you can
- Play by the rules of your local clubs and fairs
- Don't try to cut corners - follow the rules

Show Me Standards

Missouri 4-H members will acquire the knowledge and skills to gather, analyze and apply information and ideas, communicate effectively, recognize and solve problems, make decisions and act as responsible members of society.

4-H members will acquire a solid foundation which includes knowledge of:

- **Physical Education** – principles of movement and physical fitness
- **Communication Arts** – participating in formal and informal presentation and discussions of issues and ideas
- **Mathematics** – geometric and spatial sense involving measurement, trigonometry, and similarity and transformations of shapes.
- **Science** – characteristics and interactions of living organisms; impact of science, technology and human activity on resources and the environment
- **Social Studies** – economic concepts (including productivity and the market system) and principles (including the laws of supply and demand)

Resources

411 Child Development Unit 1

Y620 4-H Project Record
Y4110 Growing On My Own
LG4140 Grow All Together Helper's Activity Guide

412 Child Development Unit 2

Y620 4-H Project Record
Y4120 Growing With Others
LG4140 Grow All Together Helper's Activity Guide

413 Child Development Unit 3

Y620 4-H Project Record
Y4130 Growing in Communities
LG4140 Grow All Together Helper's Activity Guide

To Order

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