



# Judging Class

## Foods

### Hand Washing

This page is for the Leader

#### Supplies Needed:

Photos of items or real items, Situation and Option card, 4-H judging cards, Judging Scale Chart and pencils.

#### Reasons:

- D** over **B** because warm water cleans better and you should wash hands for the recommended 20 seconds.
  
- B** over **A** because cold water wash with soap is better than hand wash products
  
- A** over **C** because the bottled hand wash products contain an antibacterial agent that will 'tie you over' until you can wash hands with warm water and soap.
  
- C** is last because there is no cleaning agent in plain water to help with cleaning and sanitizing





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### Hand Washing

#### Situation:

Sam is getting ready to fix supper for his family, which means he is going to need wash his hands before handling any food. Which of these is the best way to wash hands?

#### Options:

**A.** Use bottled hand wash

**B.** Run cold water, use soap and rub hands together for 10 seconds

**C.** Use water and run well for a minute

**D.** Use soap, warm water, and rub hands together for at least 20 seconds

